

Reece Ingram came third in the Southdowns Way Ultra Marathon



On the 13th of April, Reece Ingram came in joint 3rd position, in the Centurion SDW 50 mile ultra-marathon, from Worthing to Eastbourne, following the Southdowns Way trail. He battled against strong winds, driving rain and low visibility, to cross the finish line in a time of 7 hours 39 minutes and 35 seconds, alongside Martin Rea, who runs for the Irish national 100 k running team.

Reece's next challenge is to run the Southdowns Way 100 ultra-marathon in June, which is a 100 mile foot race along the whole of the Southdowns, from Winchester to Eastbourne.

Good luck to Reece.