

# KEITH VINE HANDICAP LEAGUE 2016

| RACE 1 |            | Full Monty Cute    |                | 07/12/2014  |                          | 10.5 miles |                            | Terrain multiplier |  | 130% |  |
|--------|------------|--------------------|----------------|-------------|--------------------------|------------|----------------------------|--------------------|--|------|--|
| NAME   |            | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points     | Revised Handicap Mile Pace |                    |  |      |  |
| Louise | Millard    | 08:53              | 2:01:15        | 1:59:04     | + 2:11                   | 1          | 08:48                      |                    |  |      |  |
| Jason  | Woods      | 07:02              | 1:36:00        | 1:35:29     | + 0:31                   | 2          | 07:01                      |                    |  |      |  |
| Andy   | Goodman    | 08:58              | 2:02:24        | 2:02:31     | - 0:07                   | 3          | 08:58                      |                    |  |      |  |
| Roger  | Teasdale   | 06:31              | 1:28:57        | 1:35:28     | - 6:31                   | 4          | 06:45                      |                    |  |      |  |
| Debbie | Broadhurst | 09:13              | 2:05:48        | 2:13:49     | - 8:01                   | 5          | 09:31                      |                    |  |      |  |
| Jane   | Ward       | 07:58              | 1:48:45        | 2:02:31     | - 13:46                  | 6          | 08:28                      |                    |  |      |  |
| Mel    | Mitchell   | 08:24              | 1:54:40        | 2:13:49     | - 19:09                  | 7          | 09:06                      |                    |  |      |  |
| Barry  | Jenkins    | 08:11              | 1:51:42        | 2:13:49     | - 22:07                  | 8          | 09:00                      |                    |  |      |  |

| RACE 2 |            | Broadstone Quarter |                | 01/01/2016  |                          | 6.55 miles |                            | Terrain multiplier |  | 103% |  |
|--------|------------|--------------------|----------------|-------------|--------------------------|------------|----------------------------|--------------------|--|------|--|
| NAME   |            | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points     | Revised Handicap Mile Pace |                    |  |      |  |
| Debbie | Broadhurst | 09:31              | 1:04:12        | 0:57:47     | + 6:25                   | 1          | 09:02                      |                    |  |      |  |
| Barry  | Jenkins    | 09:00              | 1:00:43        | 0:54:29     | + 6:14                   | 2          | 08:32                      |                    |  |      |  |
| Mel    | Mitchell   | 09:06              | 1:01:24        | 0:56:18     | + 5:06                   | 3          | 08:43                      |                    |  |      |  |
| Jen    | Barker     | 09:05              | 1:01:17        | 0:56:18     | + 4:59                   | 4          | 08:43                      |                    |  |      |  |
| Steve  | Rigby      | 06:29              | 0:43:44        | 0:42:16     | + 1:28                   | 5          | 06:22                      |                    |  |      |  |
| Neil   | Cranidge   | 08:26              | 0:56:54        | 0:55:29     | + 1:25                   | 6          | 08:20                      |                    |  |      |  |
| Scott  | Pound      | 05:57              | 0:40:09        | 0:38:58     | + 1:11                   | 7          | 05:52                      |                    |  |      |  |
| Duncan | Ward       | 05:50              | 0:39:21        | 0:39:11     | + 0:10                   | 8          | 05:49                      |                    |  |      |  |
| Roger  | Teasdale   | 06:45              | 0:45:32        | 0:45:29     | + 0:03                   | 9          | 06:45                      |                    |  |      |  |
| Daryl  | Davies     | n/a                | n/a            | 0:46:18     | + 0:00                   | 10         | 52:00                      |                    |  |      |  |
| Piotr  | Sulecki    | n/a                | n/a            | 0:47:36     | + 0:00                   | 10         | 07:04                      |                    |  |      |  |
| Simon  | Lees       | n/a                | n/a            | 0:51:04     | + 0:00                   | 10         | 07:35                      |                    |  |      |  |
| Mike   | Teasdale   | n/a                | n/a            | 0:51:06     | + 0:00                   | 10         | 07:35                      |                    |  |      |  |
| Nadine | Robson     | n/a                | n/a            | 0:56:12     | + 0:00                   | 10         | 08:20                      |                    |  |      |  |
| Julia  | Slade      | 08:03              | 0:54:19        | 0:54:43     | - 0:24                   | 15         | 08:05                      |                    |  |      |  |
| Nick   | Summons    | 07:42              | 0:51:57        | 0:52:31     | - 0:34                   | 16         | 07:45                      |                    |  |      |  |
| Ruth   | Readman    | 08:20              | 0:56:13        | 0:57:34     | - 1:21                   | 17         | 08:26                      |                    |  |      |  |
| John   | Cowley     | 08:07              | 0:54:46        | 0:56:21     | - 1:35                   | 18         | 08:14                      |                    |  |      |  |
| Jason  | Woods      | 07:01              | 0:47:20        | 0:49:29     | - 2:09                   | 19         | 07:11                      |                    |  |      |  |

| RACE 3 |            | Dirty Devil Stampede |                | 17/01/2015  |                          | 15 km  |                            | Terrain multiplier |  | 112% |  |
|--------|------------|----------------------|----------------|-------------|--------------------------|--------|----------------------------|--------------------|--|------|--|
| NAME   |            | Handicap Mile Pace   | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |                    |  |      |  |
| Jane   | Ward       | 08:28                | 1:28:23        | 1:18:32     | + 9:51                   | 1      | 08:00                      |                    |  |      |  |
| Louise | Millard    | 08:48                | 1:31:52        | 1:26:52     | + 5:00                   | 2      | 08:34                      |                    |  |      |  |
| Roger  | Teasdale   | 06:45                | 1:10:28        | 1:10:04     | + 0:24                   | 3      | 06:44                      |                    |  |      |  |
| Julia  | Slade      | 08:05                | 1:24:23        | 1:25:49     | - 1:26                   | 4      | 08:09                      |                    |  |      |  |
| Neil   | Cranidge   | 08:20                | 1:27:00        | 1:29:37     | - 2:37                   | 5      | 08:28                      |                    |  |      |  |
| Paul   | Russell    | 07:51                | 1:21:57        | 1:28:12     | - 6:15                   | 6      | 08:09                      |                    |  |      |  |
| Anne   | Newlin     | 09:22                | 1:37:47        | 1:44:30     | - 6:43                   | 7      | 09:41                      |                    |  |      |  |
| Debbie | Broadhurst | 09:02                | 1:34:18        | 1:44:31     | - 10:13                  | 8      | 09:02                      |                    |  |      |  |
| Mel    | Mitchell   | 08:43                | 1:31:00        | 1:44:29     | - 13:29                  | 9      | 08:43                      |                    |  |      |  |
| Barry  | Jenkins    | 08:32                | 1:29:05        | 1:44:29     | - 15:24                  | 10     | 08:32                      |                    |  |      |  |

# KEITH VINE HANDICAP LEAGUE 2016

| <b>RACE 4 Blackmore Vale Half</b> |            | <b>07/02/2016</b> |                  | <b>13.11 miles</b> |                   | <b>Terrain multiplier 102%</b> |                |
|-----------------------------------|------------|-------------------|------------------|--------------------|-------------------|--------------------------------|----------------|
| <b>NAME</b>                       |            | <b>Handicap</b>   | <b>Predicted</b> | <b>Actual</b>      | <b>Faster (+)</b> | <b>Points</b>                  | <b>Revised</b> |
| Jen                               | Barker     | 09:05             | 2:08:37          | 01:58:08           | + 10:29           | 1                              | FALSE          |
| Anna                              | Williams   | 08:28             | 1:59:53          | 01:53:42           | + 6:11            | 2                              | 08:15          |
| Jane                              | Ward       | 08:00             | 1:53:16          | 01:47:57           | + 5:19            | 3                              | 07:49          |
| Ruth                              | Readman    | 08:26             | 1:59:25          | 01:54:56           | + 4:29            | 4                              | 08:17          |
| Lee                               | Collier    | 06:50             | 1:36:45          | 01:33:12           | + 3:33            | 5                              | 06:42          |
| Roger                             | Teasdale   | 06:44             | 1:35:20          | 01:32:28           | + 2:52            | 6                              | 06:38          |
| Debbie                            | Broadhurst | 09:02             | 2:07:54          | 02:05:40           | + 2:14            | 7                              | 08:57          |
| Shamsul                           | Wahab      | 07:25             | 1:45:01          | 01:42:55           | + 2:06            | 8                              | 07:21          |
| Steve                             | Rigby      | 06:22             | 1:30:09          | 01:28:03           | + 2:06            | 9                              | 06:18          |
| Lerryn                            | Chaffey    | 07:04             | 1:40:04          | 01:37:59           | + 2:05            | 10                             | 07:00          |
| Dave                              | Jackson    | 07:46             | 1:49:58          | 01:48:17           | + 1:41            | 11                             | 07:42          |
| Duncan                            | Ward       | 05:49             | 1:22:22          | 01:20:56           | + 1:26            | 12                             | 05:46          |
| Piotr                             | Sulecki    | 07:04             | 1:40:04          | 01:38:56           | + 1:08            | 13                             | 07:02          |
| Simon                             | Lees       | 07:35             | 1:47:22          | 01:46:31           | + 0:51            | 14                             | 07:33          |
| Philip                            | Good       | n/a               | n/a              | 01:53:19           | + 0:00            | 15                             | 08:00          |
| Rachael                           | Franklin   | n/a               | n/a              | 01:53:42           | + 0:00            | 15                             | 08:01          |
| Lucy                              | Brown      | n/a               | n/a              | 01:55:12           | + 0:00            | 15                             | 08:08          |
| Mandy                             | Harris     | n/a               | n/a              | 02:10:52           | + 0:00            | 15                             | 09:14          |
| Cassie                            | Trim       | n/a               | n/a              | 02:30:11           | + 0:00            | 15                             | 10:36          |
| Claire                            | Novak      | n/a               | n/a              | 02:37:27           | + 0:00            | 15                             | 11:07          |
| Dan                               | Simmonds   | 06:46             | 1:35:49          | 01:35:54           | - 0:05            | 21                             | 06:46          |
| Nadine                            | Robson     | 08:20             | 1:58:00          | 01:58:16           | - 0:16            | 22                             | 08:21          |
| Scott                             | Pound      | 05:52             | 1:23:04          | 01:23:36           | - 0:32            | 23                             | 05:53          |
| Nick                              | Berry      | 06:14             | 1:28:16          | 01:29:19           | - 1:03            | 24                             | 06:16          |
| Jane                              | Ridge      | 10:31             | 2:28:54          | 02:30:14           | - 1:20            | 25                             | 10:34          |
| Mel                               | Mitchell   | 08:43             | 2:03:25          | 02:04:45           | - 1:20            | 26                             | 08:46          |
| Craig                             | Dixon      | 06:29             | 1:31:48          | 01:33:15           | - 1:27            | 27                             | 06:32          |
| Daryl                             | Davies     | 06:52             | 1:37:14          | 01:38:43           | - 1:29            | 28                             | 06:55          |
| Nick                              | Summons    | 07:45             | 1:49:44          | 01:52:16           | - 2:32            | 29                             | 07:50          |
| Neil                              | Cranidge   | 08:28             | 1:59:53          | 02:02:31           | - 2:38            | 30                             | 08:34          |
| Barry                             | Jenkins    | 08:32             | 2:00:50          | 02:04:45           | - 3:55            | 31                             | 08:40          |
| Jamie                             | Drennan    | 08:08             | 1:55:10          | 01:59:08           | - 3:58            | 32                             | 08:16          |
| Suzanna                           | Baker      | 07:31             | 1:46:26          | 01:50:31           | - 4:05            | 33                             | 07:40          |
| Jason                             | Woods      | 07:11             | 1:41:43          | 01:46:18           | - 4:35            | 34                             | 07:21          |
| Jane                              | Feather    | 09:38             | 2:16:24          | 02:21:24           | - 5:00            | 35                             | 09:49          |
| Dave                              | Rivett     | 08:48             | 2:04:36          | 02:10:03           | - 5:27            | 36                             | 09:00          |

| <b>RACE 5 Lytchett Manor 10</b> |          | <b>14/02/2016</b>             |                           | <b>10 miles</b>        |   | <b>Terrain multiplier 100%</b> |   |
|---------------------------------|----------|-------------------------------|---------------------------|------------------------|---|--------------------------------|---|
| <b>NAME</b>                     |          | <b>Handicap<br/>Mile Pace</b> | <b>Predicted<br/>Time</b> | <b>Actual<br/>Time</b> | <b>Faster (+)<br/>or<br/>Slower (-)</b> | <b>Points</b>                  | <b>Revised<br/>Handicap<br/>Mile Pace</b> |
| Simon                           | Lees     | 07:33                         | 1:18:31                   | 1:15:59                | + 2:32                                  | 1                              | 07:26                                     |
| Jen                             | Barker   | 08:43                         | 1:30:39                   | 1:28:28                | + 2:11                                  | 2                              | 08:37                                     |
| Daryl                           | Davies   | 06:55                         | 1:11:56                   | 1:11:54                | + 0:02                                  | 3                              | 06:55                                     |
| Neil                            | Cranidge | 08:34                         | 1:29:06                   | 1:29:12                | - 0:06                                  | 4                              | 08:34                                     |
| Michael                         | Peters   | 06:50                         | 1:11:04                   | 1:12:35                | - 1:31                                  | 5                              | 06:54                                     |
| Carlos                          | Blanco   | 07:24                         | 1:16:58                   | 1:18:55                | - 1:57                                  | 6                              | 07:30                                     |

# KEITH VINE HANDICAP LEAGUE 2016

| <b>RACE 6 Bournemouth 10</b> |            | <b>28/02/2016</b>         |                       | <b>10 miles</b>    |                                 | <b>Terrain multiplier 100%</b> |                                   |
|------------------------------|------------|---------------------------|-----------------------|--------------------|---------------------------------|--------------------------------|-----------------------------------|
| <b>NAME</b>                  |            | <b>Handicap Mile Pace</b> | <b>Predicted Time</b> | <b>Actual Time</b> | <b>Faster (+) or Slower (-)</b> | <b>Points</b>                  | <b>Revised Handicap Mile Pace</b> |
| Anne                         | Newlin     | 09:41                     | 1:40:42               | 1:35:24            | + 5:18                          | 1                              | 09:26                             |
| Mandy                        | Harris     | 09:14                     | 1:36:02               | 1:31:21            | + 4:41                          | 2                              | 09:01                             |
| Simon                        | Lees       | 07:26                     | 1:17:18               | 1:12:54            | + 4:24                          | 3                              | 07:13                             |
| Jane                         | Feather    | 09:49                     | 1:42:06               | 1:39:13            | + 2:53                          | 4                              | 09:41                             |
| Karl                         | Whitaker   | 08:20                     | 1:26:40               | 1:24:00            | + 2:40                          | 5                              | 08:12                             |
| Ian                          | Buckingham | 07:39                     | 1:19:34               | 1:17:00            | + 2:34                          | 6                              | 07:32                             |
| Neil                         | Cranidge   | 08:34                     | 1:29:06               | 1:26:42            | + 2:24                          | 7                              | 08:27                             |
| Barry                        | Jenkins    | 08:40                     | 1:30:08               | 1:27:48            | + 2:20                          | 8                              | 08:33                             |
| Julia                        | Slade      | 08:09                     | 1:24:46               | 1:22:40            | + 2:06                          | 9                              | 08:03                             |
| Scott                        | Pound      | 05:53                     | 1:01:11               | 0:59:38            | + 1:33                          | 10                             | 05:49                             |
| Roger                        | Teasdale   | 06:38                     | 1:08:59               | 1:07:35            | + 1:24                          | 11                             | 06:34                             |
| Rachael                      | Franklin   | 08:01                     | 1:23:22               | 1:22:03            | + 1:19                          | 12                             | 07:57                             |
| Daryl                        | Davies     | 06:55                     | 1:11:56               | 1:10:40            | + 1:16                          | 13                             | 06:51                             |
| Michael                      | Peters     | 06:54                     | 1:11:46               | 1:11:05            | + 0:41                          | 14                             | 06:52                             |
| Ian                          | Whyte      | n/a                       | 1:23:47               | 1:23:47            | - 0:00                          | 15                             | 08:04                             |
| Debbie                       | Broadhurst | 08:57                     | 1:33:05               | 1:33:33            | - 0:28                          | 16                             | 08:58                             |
| John                         | Cowley     | 08:14                     | 1:25:38               | 1:26:41            | - 1:03                          | 17                             | 08:17                             |
| Piotr                        | Sulecki    | 07:02                     | 1:13:09               | 1:14:45            | - 1:36                          | 18                             | 07:07                             |
| Ruth                         | Readman    | 08:17                     | 1:26:09               | 1:27:58            | - 1:49                          | 19                             | 08:22                             |
| Sam                          | Beaumont   | 06:13                     | 1:04:39               | 1:09:09            | - 4:30                          | 20                             | 06:26                             |

| <b>RACE 7 Great Western 10K</b> |          | <b>06/03/2016</b>         |                       | <b>10 km</b>       |                                 | <b>Terrain multiplier 112%</b> |                                   |
|---------------------------------|----------|---------------------------|-----------------------|--------------------|---------------------------------|--------------------------------|-----------------------------------|
| <b>NAME</b>                     |          | <b>Handicap Mile Pace</b> | <b>Predicted Time</b> | <b>Actual Time</b> | <b>Faster (+) or Slower (-)</b> | <b>Points</b>                  | <b>Revised Handicap Mile Pace</b> |
| Jane                            | Ward     | 07:49                     | 0:54:24               | 0:52:47            | + 1:37                          | 1                              | 07:42                             |
| Anne                            | Newlin   | 09:26                     | 1:05:39               | 1:05:29            | + 0:10                          | 2                              | 09:25                             |
| Nick                            | Berry    | 06:16                     | 0:43:37               | 0:44:06            | - 0:29                          | 3                              | 06:18                             |
| Julia                           | Slade    | 08:03                     | 0:56:01               | 0:56:41            | - 0:40                          | 4                              | 08:06                             |
| Nick                            | Brooke   | 06:39                     | 0:46:17               | 0:47:13            | - 0:56                          | 5                              | 06:43                             |
| Simon                           | Lees     | 07:13                     | 0:50:13               | 0:51:22            | - 1:09                          | 6                              | 07:18                             |
| Neil                            | Cranidge | 08:27                     | 0:58:48               | 1:00:53            | - 2:05                          | 7                              | 08:36                             |
| Mandy                           | Harris   | 09:01                     | 1:02:45               | 1:05:46            | - 3:01                          | 8                              | 09:14                             |
| Flora                           | Brooke   | 10:02                     | 1:09:50               | 1:13:25            | - 3:35                          | 9                              | 10:17                             |
| John                            | Cowley   | 08:17                     | 0:57:39               | 1:01:56            | - 4:17                          | 10                             | 08:35                             |

| <b>RACE 8 Wimborne 20</b> |         | <b>06/03/2016</b>         |                       | <b>20.00 miles</b> |                                 | <b>Terrain multiplier 102%</b> |                                   |
|---------------------------|---------|---------------------------|-----------------------|--------------------|---------------------------------|--------------------------------|-----------------------------------|
| <b>NAME</b>               |         | <b>Handicap Mile Pace</b> | <b>Predicted Time</b> | <b>Actual Time</b> | <b>Faster (+) or Slower (-)</b> | <b>Points</b>                  | <b>Revised Handicap Mile Pace</b> |
| Ruth                      | Readman | 08:22                     | 3:11:10               | 3:01:59            | + 9:11                          | 1                              | 08:10                             |
| Piotr                     | Sulecki | 07:07                     | 2:42:36               | 2:38:10            | + 4:26                          | 2                              | 07:01                             |
| Cassie                    | Trim    | 10:36                     | 4:02:11               | 4:00:56            | + 1:15                          | 3                              | 10:34                             |
| Nick                      | Summons | 07:50                     | 2:58:59               | 2:58:12            | + 0:47                          | 4                              | 07:49                             |
| Jane                      | Ridge   | 10:34                     | 4:01:26               | 4:01:03            | + 0:23                          | 5                              | 10:34                             |
| Jason                     | Woods   | 07:21                     | 2:47:56               | 2:53:22            | - 5:26                          | 6                              | 07:28                             |
| Barry                     | Jenkins | 08:33                     | 3:15:21               | 3:22:54            | - 7:33                          | 7                              | 08:43                             |

# KEITH VINE HANDICAP LEAGUE 2016

| <b>RACE 9 Larmer Tree 20 Miler</b> |              | <b>13/03/2016</b>         |                       | <b>20.00 miles</b> |                                 | <b>Terrain multiplier 115%</b> |                                   |
|------------------------------------|--------------|---------------------------|-----------------------|--------------------|---------------------------------|--------------------------------|-----------------------------------|
| <b>NAME</b>                        |              | <b>Handicap Mile Pace</b> | <b>Predicted Time</b> | <b>Actual Time</b> | <b>Faster (+) or Slower (-)</b> | <b>Points</b>                  | <b>Revised Handicap Mile Pace</b> |
| Philip                             | Good         | 08:00                     | 3:26:05               | 03:25:00           | + 1:05                          | 1                              | 07:59                             |
| Suzanna                            | Baker        | 07:40                     | 3:17:30               | 03:19:46           | - 2:16                          | 2                              | 07:43                             |
| Dan                                | Simmonds     | 06:46                     | 2:54:19               | 03:00:01           | - 5:42                          | 3                              | 06:53                             |
| Jason                              | Woods        | 07:28                     | 3:12:20               | 03:24:00           | - 11:40                         | 4                              | 07:42                             |
| Nick                               | Summons      | 07:49                     | 3:21:21               | 03:53:28           | - 32:07                         | 5                              | 08:26                             |
| Felix                              | Stroud-Allen | 07:47                     | 3:20:30               | 03:53:27           | - 32:57                         | 6                              | 08:25                             |
| Dave                               | Jackson      | 07:42                     | 3:18:21               | 03:53:26           | - 35:05                         | 7                              | 08:23                             |
| Debbie                             | Broadhurst   | 08:58                     | 3:50:59               | 04:29:31           | - 38:32                         | 8                              | 09:43                             |
| Chris                              | Chapman      | 07:11                     | 3:05:03               | 03:45:26           | - 40:23                         | 9                              | 07:58                             |
| Melanie                            | Mitchell     | 08:46                     | 3:45:50               | 04:29:17           | - 43:27                         | 10                             | 09:37                             |
| Barry                              | Jenkins      | 08:43                     | 3:44:32               | 04:29:15           | - 44:43                         | 11                             | 09:35                             |

  

| <b>RACE 10 The Grizzly</b> |          | <b>13/03/2016</b> |             | <b>20 miles</b> |                                 | <b>Terrain multiplier 130%</b> |                 |
|----------------------------|----------|-------------------|-------------|-----------------|---------------------------------|--------------------------------|-----------------|
| <b>NAME</b>                |          | <b>Mile Pace</b>  | <b>Time</b> | <b>Time</b>     | <b>Faster (+) or Slower (-)</b> | <b>Points</b>                  | <b>Handicap</b> |
| Andy                       | Goodman  | 08:58             | 04:21:07    | 04:00:33        | + 20:34                         | 1                              | 08:37           |
| Jane                       | Ward     | 07:42             | 03:44:13    | 03:26:29        | + 17:44                         | 2                              | 07:24           |
| Tim                        | Brown    | 06:04             | 02:56:40    | 02:51:51        | + 4:49                          | 3                              | 05:59           |
| Jane                       | Ridge    | 10:34             | 05:07:42    | 05:09:30        | - 1:48                          | 4                              | 10:36           |
| Scott                      | Pound    | 05:49             | 02:49:23    | 02:52:42        | - 3:19                          | 5                              | 05:52           |
| Spencer                    | Mogridge | 05:59             | 02:54:14    | 02:59:29        | - 5:15                          | 6                              | 06:04           |

  

| <b>RACE 11 Sherborne 10K</b> |        | <b>13/03/2016</b>         |                       | <b>10 km</b>       |                                 | <b>Terrain multiplier 102%</b> |                                   |
|------------------------------|--------|---------------------------|-----------------------|--------------------|---------------------------------|--------------------------------|-----------------------------------|
| <b>NAME</b>                  |        | <b>Handicap Mile Pace</b> | <b>Predicted Time</b> | <b>Actual Time</b> | <b>Faster (+) or Slower (-)</b> | <b>Points</b>                  | <b>Revised Handicap Mile Pace</b> |
| Claire                       | Novak  | 11:07                     | 1:10:27               | 01:05:42           | + 4:45                          | 1                              | 10:44                             |
| Nick                         | Berry  | 06:18                     | 0:39:56               | 00:39:42           | + 0:14                          | 2                              | 06:17                             |
| Stuart                       | Read   | 07:28                     | 0:47:19               | 00:47:17           | + 0:02                          | 3                              | 07:28                             |
| Nigel                        | Legg   | n/a                       | n/a                   | 00:59:56           | + 0:00                          | 4                              | 09:27                             |
| Carlos                       | Blanco | 07:30                     | 0:47:32               | 00:48:40           | - 1:08                          | 5                              | 07:35                             |

  

| <b>RACE 12 Weymouth Half Marathon</b> |            | <b>20/03/2016</b> |                  | <b>13.1 miles</b> |                   | <b>Terrain multiplier 100%</b> |                |
|---------------------------------------|------------|-------------------|------------------|-------------------|-------------------|--------------------------------|----------------|
| <b>NAME</b>                           |            | <b>Handicap</b>   | <b>Predicted</b> | <b>Actual</b>     | <b>Faster (+)</b> | <b>Points</b>                  | <b>Revised</b> |
| Barry                                 | Jenkins    | 09:35             | 2:13:04          | 1:53:09           | + 19:55           | 1                              | 08:52          |
| Nick                                  | Summons    | 08:26             | 1:57:06          | 1:44:02           | + 13:04           | 2                              | 07:58          |
| Mel                                   | Mitchell   | 09:37             | 2:13:32          | 2:00:36           | + 12:56           | 3                              | 09:09          |
| Debbie                                | Broadhurst | 09:43             | 2:14:56          | 2:03:10           | + 11:46           | 4                              | 09:18          |
| Jen                                   | Barker     | 08:37             | 1:59:39          | 1:50:32           | + 9:07            | 5                              | 08:17          |
| Richard                               | Sturman    | 09:04             | 2:05:54          | 1:59:21           | + 6:33            | 6                              | 08:50          |
| Simon                                 | Lees       | 07:18             | 1:41:22          | 1:37:20           | + 4:02            | 7                              | 07:09          |
| Anna                                  | Williams   | 08:15             | 1:54:34          | 1:53:04           | + 1:30            | 8                              | 08:12          |
| Lee                                   | Collier    | 06:42             | 1:33:02          | 1:36:01           | - 2:59            | 9                              | 06:48          |

# KEITH VINE HANDICAP LEAGUE 2016

| <b>RACE 13 Yeovil Half</b> |          | <b>20/03/2016</b> |                  | <b>13.1 miles</b> |                   | <b>Terrain multiplier 100%</b> |                |
|----------------------------|----------|-------------------|------------------|-------------------|-------------------|--------------------------------|----------------|
| <b>NAME</b>                |          | <b>Handicap</b>   | <b>Predicted</b> | <b>Actual</b>     | <b>Faster (+)</b> | <b>Points</b>                  | <b>Revised</b> |
| Julia                      | Slade    | 08:06             | 1:52:29          | 1:46:57           | + 5:32            | 1                              | 07:54          |
| Piotr                      | Sulecki  | 07:01             | 1:37:26          | 1:32:00           | + 5:26            | 2                              | 06:49          |
| Neil                       | Cranidge | 08:36             | 1:59:25          | 1:56:15           | + 3:10            | 3                              | 08:29          |
| Dave                       | Rivett   | 09:00             | 2:04:58          | 2:04:08           | + 0:50            | 4                              | 08:58          |
| Jane                       | Ward     | 07:24             | 1:42:45          | 1:46:15           | - 3:30            | 5                              | 07:32          |
| Nadine                     | Robson   | 08:21             | 1:55:57          | 2:00:10           | - 4:13            | 6                              | 08:30          |

| <b>RACE 14 Yeovil Easter Bunny 10K</b> |          | <b>28/03/2016</b>             |                           | <b>10 km</b>           |   | <b>Terrain multiplier 100%</b> |   |
|--|----------|-------------------------------|---------------------------|------------------------|---|--------------------------------|---|
| <b>NAME</b>                            |          | <b>Handicap<br/>Mile Pace</b> | <b>Predicted<br/>Time</b> | <b>Actual<br/>Time</b> | <b>Faster (+)<br/>or<br/>Slower (-)</b> | <b>Points</b>                  | <b>Revised<br/>Handicap<br/>Mile Pace</b> |
| Barry                                  | Jenkins  | 08:52                         | 0:55:06                   | 0:51:11                | + 3:55                                  | 1                              | 08:33                                     |
| John                                   | Cowley   | 08:35                         | 0:53:20                   | 0:51:58                | + 1:22                                  | 2                              | 08:28                                     |
| Neil                                   | Cranidge | 08:29                         | 0:52:43                   | 0:52:10                | + 0:33                                  | 3                              | 08:26                                     |
| Jen                                    | Barker   | 08:17                         | 0:51:28                   | 0:51:19                | + 0:09                                  | 4                              | 08:16                                     |
| Steve                                  | Rigby    | 06:18                         | 0:39:09                   | 0:39:02                | + 0:07                                  | 5                              | 06:17                                     |
| Dave                                   | Rivett   | 08:58                         | 0:55:43                   | 0:55:41                | + 0:02                                  | 6                              | 08:58                                     |
| Sarah                                  | Perrett  | 09:33                         | 0:59:20                   | 0:59:24                | - 0:00                                  | 7                              | 09:33                                     |
| Duncan                                 | Ward     | 05:46                         | 0:35:50                   | 0:36:27                | - 0:37                                  | 8                              | 05:49                                     |
| Roger                                  | Teasdale | 06:34                         | 0:40:48                   | 0:41:42                | - 0:54                                  | 9                              | 06:38                                     |

| <b>RACE 15 Bournemouth Bay 10K</b> |            | <b>03/04/2016</b>             |                           | <b>10 km</b>           |   | <b>Terrain multiplier 100%</b> |   |
|------------------------------------|------------|-------------------------------|---------------------------|------------------------|---|--------------------------------|---|
| <b>NAME</b>                        |            | <b>Handicap<br/>Mile Pace</b> | <b>Predicted<br/>Time</b> | <b>Actual<br/>Time</b> | <b>Faster (+)<br/>or<br/>Slower (-)</b> | <b>Points</b>                  | <b>Revised<br/>Handicap<br/>Mile Pace</b> |
| Nick                               | Summons    | 07:58                         | 0:49:30                   | 0:46:45                | + 2:45                                  | 1                              | 07:45                                     |
| Mick                               | Cox        | 09:57                         | 1:01:50                   | 1:00:48                | + 1:02                                  | 2                              | 09:52                                     |
| Ian                                | Buckingham | 07:32                         | 0:46:49                   | 0:45:48                | + 1:01                                  | 3                              | 07:27                                     |
| Piotr                              | Sulecki    | 06:49                         | 0:42:21                   | 0:43:08                | - 0:47                                  | 4                              | 06:53                                     |
| Julia                              | Slade      | 07:54                         | 0:49:05                   | 0:50:11                | - 1:06                                  | 5                              | 07:59                                     |

| <b>RACE 16 Manchester Marathon</b> |            | <b>10/04/2016</b>             |                           | <b>26.20 miles</b>     |   | <b>Terrain multiplier 100%</b> |   |
|------------------------------------|------------|-------------------------------|---------------------------|------------------------|---|--------------------------------|---|
| <b>NAME</b>                        |            | <b>Handicap<br/>Mile Pace</b> | <b>Predicted<br/>Time</b> | <b>Actual<br/>Time</b> | <b>Faster (+)<br/>or<br/>Slower (-)</b> | <b>Points</b>                  | <b>Revised<br/>Handicap<br/>Mile Pace</b> |
| Ruth                               | Readman    | 08:10                         | 4:12:29                   | 4:03:42                | + 8:47                                  | 1                              | 08:01                                     |
| Piotr                              | Sulecki    | 06:53                         | 3:32:48                   | 3:27:50                | + 4:58                                  | 2                              | 06:48                                     |
| Jane                               | Ward       | 07:32                         | 3:52:54                   | 3:50:13                | + 2:41                                  | 3                              | 07:29                                     |
| Craig                              | Dixon      | 06:32                         | 3:21:59                   | 3:21:58                | + 0:01                                  | 4                              | 06:32                                     |
| Nick                               | Summons    | 07:45                         | 3:59:36                   | 4:06:49                | - 7:13                                  | 5                              | 07:52                                     |
| Debbie                             | Broadhurst | 09:18                         | 4:47:31                   | 4:58:45                | - 11:14                                 | 6                              | 09:29                                     |
| Nadine                             | Robson     | 08:30                         | 4:22:47                   | 5:12:29                | - 0:49:42                               | 7                              | 09:18                                     |

# KEITH VINE HANDICAP LEAGUE 2016

| RACE 17 Broad Oak Hilly |            | 14/04/2016            |                   | 4 miles        |                                | Terrain multiplier 108% |                                  |
|-------------------------|------------|-----------------------|-------------------|----------------|--------------------------------|-------------------------|----------------------------------|
| NAME                    |            | Handicap<br>Mile Pace | Predicted<br>Time | Actual<br>Time | Faster (+)<br>or<br>Slower (-) | Points                  | Revised<br>Handicap<br>Mile Pace |
| Jane                    | Ridge      | 10:36                 | 0:44:25           | 00:38:37       | + 5:48                         | 1                       | 09:54                            |
| Flora                   | Brooke     | 10:17                 | 0:43:05           | 00:38:03       | + 5:02                         | 2                       | 09:41                            |
| Claire                  | Novak      | 11:07                 | 0:46:35           | 00:41:40       | + 4:55                         | 3                       | 10:32                            |
| Jen                     | Barker     | 08:16                 | 0:34:38           | 00:32:28       | + 2:10                         | 4                       | 08:00                            |
| Neil                    | Cranidge   | 08:26                 | 0:35:20           | 00:33:12       | + 2:08                         | 5                       | 08:11                            |
| Julia                   | Slade      | 07:59                 | 0:33:27           | 00:31:33       | + 1:54                         | 6                       | 07:45                            |
| Mel                     | Mitchell   | 09:09                 | 0:38:21           | 00:36:49       | + 1:32                         | 7                       | 08:58                            |
| Paul                    | Russell    | 08:09                 | 0:34:09           | 00:32:45       | + 1:24                         | 8                       | 07:59                            |
| Karl                    | Whittaker  | 08:12                 | 0:34:22           | 00:33:04       | + 1:18                         | 9                       | 08:03                            |
| Mandy                   | Harris     | 09:14                 | 0:38:41           | 00:37:31       | + 1:10                         | 10                      | 09:06                            |
| Steve                   | Rigby      | 06:17                 | 0:26:20           | 00:25:13       | + 1:07                         | 11                      | 06:09                            |
| Jane                    | Feather    | 09:41                 | 0:40:35           | 00:39:40       | + 0:55                         | 12                      | 09:34                            |
| Justin                  | Perry      | 07:17                 | 0:30:31           | 00:29:52       | + 0:39                         | 13                      | 07:12                            |
| Nick                    | Brooke     | 06:43                 | 0:28:09           | 00:27:34       | + 0:35                         | 14                      | 06:39                            |
| John                    | Cowley     | 08:28                 | 0:35:29           | 00:35:04       | + 0:25                         | 15                      | 08:25                            |
| Simon                   | Lees       | 07:09                 | 0:29:58           | 00:29:34       | + 0:24                         | 16                      | 07:06                            |
| Shams                   | Wahab      | 07:21                 | 0:30:48           | 00:30:37       | + 0:11                         | 17                      | 07:20                            |
| Nick                    | Berry      | 06:17                 | 0:26:20           | 00:26:29       | - 0:09                         | 18                      | 06:18                            |
| Graham                  | Smith      | 06:44                 | 0:28:13           | 00:28:39       | - 0:26                         | 19                      | 06:47                            |
| Pete                    | Waterer    | 08:46                 | 0:36:44           | 00:38:11       | - 1:27                         | 20                      | 08:56                            |
| Sarah                   | Perrett    | 09:33                 | 0:40:01           | 00:41:35       | - 1:34                         | 21                      | 09:44                            |
| James                   | Meiklejohn | 07:28                 | 0:31:17           | 00:32:55       | - 1:38                         | 22                      | 07:40                            |
| Jane                    | Ward       | 07:29                 | 0:31:21           | 00:41:41       | - 10:20                        | 23                      | 07:29                            |

# KEITH VINE HANDICAP LEAGUE 2016

| RACE 18 |            | Marnhull 12K          | 17/04/2016        |                | 12 km                          | Terrain multiplier | 103%                             |
|---------|------------|-----------------------|-------------------|----------------|--------------------------------|--------------------|----------------------------------|
| NAME    |            | Handicap<br>Mile Pace | Predicted<br>Time | Actual<br>Time | Faster (+)<br>or Slower<br>(-) | Points             | Revised<br>Handicap<br>Mile Pace |
| Claire  | Novak      | 10:32                 | 1:20:54           | 01:16:21       | + 4:33                         | 1                  | 10:14                            |
| Flora   | Brooke     | 09:41                 | 1:14:22           | 01:11:33       | + 2:49                         | 2                  | 09:30                            |
| Nick    | Summons    | 07:52                 | 1:00:25           | 00:57:36       | + 2:49                         | 2                  | 07:41                            |
| Mandy   | Harris     | 09:06                 | 1:09:53           | 01:07:10       | + 2:43                         | 4                  | 08:55                            |
| Neil    | Cranidge   | 08:11                 | 1:02:51           | 01:00:26       | + 2:25                         | 5                  | 08:02                            |
| Richard | Sturman    | 08:50                 | 1:07:50           | 01:05:26       | + 2:24                         | 6                  | 08:41                            |
| Jane    | Ridge      | 09:54                 | 1:16:02           | 01:13:44       | + 2:18                         | 7                  | 09:45                            |
| Stuart  | Read       | 07:28                 | 0:57:21           | 00:55:16       | + 2:05                         | 8                  | 07:20                            |
| Dan     | Simmonds   | 06:53                 | 0:52:52           | 00:51:25       | + 1:27                         | 9                  | 06:47                            |
| Jane    | Feather    | 09:34                 | 1:13:28           | 01:12:11       | + 1:17                         | 10                 | 09:29                            |
| Mel     | Mitchell   | 08:58                 | 1:08:52           | 01:07:41       | + 1:11                         | 11                 | 08:53                            |
| Anna    | Williams   | 08:12                 | 1:02:59           | 01:02:23       | + 0:36                         | 12                 | 08:10                            |
| Duncan  | Ward       | 05:49                 | 0:44:40           | 00:44:39       | + 0:01                         | 13                 | 05:49                            |
| Julia   | Slade      | 07:45                 | 0:59:31           | 00:59:30       | + 0:01                         | 13                 | 07:45                            |
| John    | Townsend   | n/a                   | n/a               | 00:58:25       | + 0:00                         | 15                 | 07:50                            |
| Martin  | Vivian     | n/a                   | n/a               | 01:09:49       | + 0:00                         | 15                 | 09:22                            |
| Nick    | Brooke     | 06:39                 | 0:51:04           | 00:51:07       | - 0:03                         | 17                 | 06:39                            |
| John    | Cowley     | 08:25                 | 1:04:38           | 01:04:44       | - 0:06                         | 18                 | 08:25                            |
| Paul    | Russell    | 07:59                 | 1:01:19           | 01:01:25       | - 0:06                         | 18                 | 07:59                            |
| Sarah   | Perrett    | 09:44                 | 1:14:45           | 01:15:03       | - 0:18                         | 20                 | 09:45                            |
| Dave    | Jackson    | 08:23                 | 1:04:23           | 01:04:43       | - 0:20                         | 21                 | 08:24                            |
| Jason   | Woods      | 07:42                 | 0:59:08           | 00:59:54       | - 0:46                         | 22                 | 07:45                            |
| Scott   | Pound      | 05:52                 | 0:45:03           | 00:45:51       | - 0:48                         | 23                 | 05:55                            |
| Nigel   | Legg       | 09:27                 | 1:12:35           | 01:13:43       | - 1:08                         | 24                 | 09:31                            |
| Shams   | Wahab      | 07:20                 | 0:56:19           | 00:57:44       | - 1:25                         | 25                 | 07:26                            |
| Mick    | Cox        | 09:52                 | 1:15:47           | 01:18:38       | - 2:51                         | 26                 | 10:03                            |
| James   | Meiklejohn | 07:40                 | 0:58:53           | 01:03:07       | - 4:14                         | 27                 | 07:57                            |
| Jen     | Barker     | 08:00                 | 1:01:26           | 01:07:41       | - 6:15                         | 28                 | 08:24                            |

| RACE 19 |           | London Marathon       | 24/04/2016        |                | 26.20 miles                    | Terrain multiplier | 100%                             |
|---------|-----------|-----------------------|-------------------|----------------|--------------------------------|--------------------|----------------------------------|
| NAME    |           | Handicap<br>Mile Pace | Predicted<br>Time | Actual<br>Time | Faster (+)<br>or Slower<br>(-) | Points             | Revised<br>Handicap<br>Mile Pace |
| Cassie  | Trim      | 10:34                 | 5:26:41           | 5:13:10        | + 13:31                        | 1                  | 10:21                            |
| Iain    | Trickett  | n/a                   | n/a               | 2:41:12        | + 0:00                         | 2                  | 05:13                            |
| Dan     | Simmonds  | 06:47                 | 3:29:43           | 3:34:32        | - 4:49                         | 3                  | 06:52                            |
| Jason   | Woods     | 07:45                 | 3:59:36           | 4:04:38        | - 5:02                         | 4                  | 07:50                            |
| Kathie  | Child     | 08:51                 | 4:33:36           | 4:44:10        | - 10:34                        | 5                  | 09:01                            |
| Karl    | Whittaker | 08:03                 | 4:08:52           | 4:27:26        | - 18:34                        | 6                  | 08:21                            |

# KEITH VINE HANDICAP LEAGUE 2016

| RACE 20 North Dorset Village Marathon |           | 01/05/2016         |                | 26.20 miles |                          | Terrain multiplier 102% |                            |
|---------------------------------------|-----------|--------------------|----------------|-------------|--------------------------|-------------------------|----------------------------|
| NAME                                  |           | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points                  | Revised Handicap Mile Pace |
| Suzanna                               | Baker     | 07:43              | 4:03:20        | 3:45:14     | + 18:06                  | 1                       | 07:26                      |
| Spencer                               | Mogridge  | 06:04              | 3:11:18        | 3:07:40     | + 3:38                   | 2                       | 06:01                      |
| Simon                                 | Lees      | 07:06              | 3:43:54        | 3:43:40     | + 0:14                   | 3                       | 07:06                      |
| Craig                                 | Dixon     | 06:32              | 3:26:01        | 3:28:28     | - 2:27                   | 4                       | 06:34                      |
| Nick                                  | Brooke    | 06:39              | 3:29:42        | 3:35:40     | - 5:58                   | 5                       | 06:45                      |
| Daryl                                 | Davies    | 06:51              | 3:36:01        | 3:42:03     | - 6:02                   | 6                       | 06:57                      |
| Jen                                   | Barker    | 08:24              | 4:24:53        | 4:32:03     | - 7:10                   | 7                       | 08:31                      |
| Jane                                  | Feather   | 09:29              | 4:59:03        | 5:06:15     | - 7:12                   | 8                       | 09:36                      |
| Dave                                  | Fitzsimon | 06:59              | 3:40:13        | 4:32:05     | - 51:52                  | 9                       | 06:59                      |

| RACE 21 Egdon Easy 10km |            | 29/05/2016         |                | 10 km       |                          | Terrain multiplier 100% |                            |
|-------------------------|------------|--------------------|----------------|-------------|--------------------------|-------------------------|----------------------------|
| NAME                    |            | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points                  | Revised Handicap Mile Pace |
| Chris                   | Chapman    | 07:58              | 0:49:30        | 00:44:23    | + 5:07                   | 1                       | 07:33                      |
| Jamie                   | Drennan    | 08:16              | 0:51:22        | 00:47:36    | + 3:46                   | 2                       | 07:58                      |
| Debbie                  | Broadhurst | 09:29              | 0:58:56        | 00:56:15    | + 2:41                   | 3                       | 09:16                      |
| Nick                    | Summons    | 07:41              | 0:47:45        | 00:45:11    | + 2:34                   | 4                       | 07:29                      |
| Mandy                   | Harris     | 08:55              | 0:55:24        | 00:53:23    | + 2:01                   | 5                       | 08:45                      |
| Dan                     | Simmonds   | 06:52              | 0:42:40        | 00:41:00    | + 1:40                   | 6                       | 06:44                      |
| Lee                     | Collier    | 06:48              | 0:42:15        | 00:40:52    | + 1:23                   | 7                       | 06:41                      |
| Simon                   | Lees       | 07:06              | 0:44:07        | 00:42:52    | + 1:15                   | 8                       | 07:00                      |
| Jane                    | Ward       | 07:29              | 0:46:30        | 00:45:44    | + 0:46                   | 9                       | 07:25                      |
| Neil                    | Cranidge   | 08:02              | 0:49:55        | 00:49:12    | + 0:43                   | 10                      | 07:59                      |
| Piotr                   | Sulecki    | 06:48              | 0:42:15        | 00:41:42    | + 0:33                   | 11                      | 06:45                      |
| John                    | Cowley     | 08:25              | 0:52:18        | 00:52:01    | + 0:17                   | 12                      | 08:24                      |
| Julia                   | Slade      | 07:45              | 0:48:09        | 00:48:21    | - 0:12                   | 13                      | 07:46                      |
| Barry                   | Jenkins    | 08:33              | 0:53:08        | 00:53:20    | - 0:12                   | 13                      | 08:34                      |



# KEITH VINE HANDICAP LEAGUE 2016

| RACE 22 |            | Poole 10km         |                | 05/06/2016  |                          | 10 km  |                            | Terrain multiplier |  | 100% |  |
|---------|------------|--------------------|----------------|-------------|--------------------------|--------|----------------------------|--------------------|--|------|--|
| NAME    |            | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |                    |  |      |  |
| Nadine  | Robson     | 09:18              | 0:57:47        | 00:53:38    | + 4:09                   | 1      | 08:58                      |                    |  |      |  |
| Jen     | Barker     | 08:41              | 0:53:57        | 00:50:19    | + 3:38                   | 2      | 08:23                      |                    |  |      |  |
| Philip  | Good       | 07:59              | 0:49:36        | 00:47:03    | + 2:33                   | 3      | 07:47                      |                    |  |      |  |
| John    | Cowley     | 08:24              | 0:52:12        | 00:51:44    | + 0:28                   | 4      | 08:22                      |                    |  |      |  |
| Daryl   | Davies     | 06:57              | 0:43:11        | 00:42:50    | + 0:21                   | 5      | 06:55                      |                    |  |      |  |
| Tom     | Collis     | 07:49              | 0:48:34        | 00:48:36    | - 0:02                   | 6      | 07:49                      |                    |  |      |  |
| Jamie   | Drennan    | 07:58              | 0:49:30        | 00:49:40    | - 0:10                   | 7      | 07:59                      |                    |  |      |  |
| Neil    | Cranidge   | 07:59              | 0:49:36        | 00:49:47    | - 0:11                   | 8      | 08:00                      |                    |  |      |  |
| Anne    | Newlin     | 09:25              | 0:58:31        | 00:58:49    | - 0:18                   | 9      | 09:26                      |                    |  |      |  |
| Roger   | Teasdale   | 06:38              | 0:41:13        | 00:41:34    | - 0:21                   | 10     | 06:40                      |                    |  |      |  |
| Steve   | Rigby      | 06:09              | 0:38:13        | 00:38:41    | - 0:28                   | 11     | 06:11                      |                    |  |      |  |
| Simon   | Lees       | 07:00              | 0:43:30        | 00:44:11    | - 0:41                   | 12     | 07:03                      |                    |  |      |  |
| Debbie  | Broadhurst | 09:16              | 0:57:35        | 00:58:22    | - 0:47                   | 13     | 09:20                      |                    |  |      |  |
| Mandy   | Harris     | 08:45              | 0:54:22        | 00:55:45    | - 1:23                   | 14     | 08:52                      |                    |  |      |  |
| Dan     | Simmonds   | 06:44              | 0:41:50        | 00:43:14    | - 1:24                   | 15     | 06:51                      |                    |  |      |  |
| Julia   | Slade      | 07:46              | 0:48:16        | 00:50:23    | - 2:07                   | 16     | 07:56                      |                    |  |      |  |
| Michael | Peters     | 06:52              | 0:42:40        | 00:44:51    | - 2:11                   | 17     | 07:03                      |                    |  |      |  |
| Jane    | Ward       | 07:25              | 0:46:05        | 00:48:44    | - 2:39                   | 18     | 07:38                      |                    |  |      |  |
| Barry   | Jenkins    | 08:34              | 0:53:14        | 00:56:07    | - 2:53                   | 19     | 08:48                      |                    |  |      |  |
| Nick    | Summons    | 07:29              | 0:46:30        | 00:49:41    | - 3:11                   | 20     | 07:44                      |                    |  |      |  |
| Jane    | Feather    | 09:36              | 0:59:39        | 01:03:27    | - 3:48                   | 21     | 09:54                      |                    |  |      |  |

| RACE 23 |          | Puddletown Plod    |                | 12/06/2016  |                          | 13.1 miles |                            | Terrain multiplier |  | 102% |  |
|---------|----------|--------------------|----------------|-------------|--------------------------|------------|----------------------------|--------------------|--|------|--|
| NAME    |          | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points     | Revised Handicap Mile Pace |                    |  |      |  |
| John    | Townsend | 07:50              | 1:50:57        | 1:46:11     | + 4:46                   | 1          | 07:40                      |                    |  |      |  |
| Daryl   | Davies   | 06:55              | 1:37:58        | 1:34:21     | + 3:37                   | 2          | 06:47                      |                    |  |      |  |
| Julia   | Slade    | 07:56              | 1:52:22        | 1:52:06     | + 0:16                   | 3          | 07:55                      |                    |  |      |  |
| Carlos  | Blanco   | 07:35              | 1:47:24        | 1:47:24     | + 0:00                   | 4          | 07:35                      |                    |  |      |  |
| Ines    | Braun    | 09:34              | 2:15:30        | 2:15:31     | + 0:00                   | 4          | 09:34                      |                    |  |      |  |
| Mel     | Mitchell | 08:53              | 2:05:49        | 2:08:25     | - 2:36                   | 6          | 08:58                      |                    |  |      |  |
| Mandy   | Harris   | 08:52              | 2:05:35        | 2:08:25     | - 2:50                   | 7          | 08:58                      |                    |  |      |  |
| Roger   | Teasdale | 06:40              | 1:34:25        | 1:38:02     | - 3:37                   | 8          | 06:40                      |                    |  |      |  |

time not adjusted

| RACE 24   |          | Purbeck 10km       |                | 17/06/2016  |                          | 10 km  |                            | Terrain multiplier |  | 100% |  |
|-----------|----------|--------------------|----------------|-------------|--------------------------|--------|----------------------------|--------------------|--|------|--|
| NAME      |          | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |                    |  |      |  |
| Daryl     | Davies   | 06:47              | 0:42:09        | 0:41:10     | + 0:59                   | 1      | 06:42                      |                    |  |      |  |
| John      | Cowley   | 08:22              | 0:51:59        | 0:51:16     | + 0:43                   | 2      | 08:19                      |                    |  |      |  |
| Jane      | Ward     | 07:38              | 0:47:26        | 0:46:44     | + 0:42                   | 3      | 07:35                      |                    |  |      |  |
| Anne      | Newlin   | 09:26              | 0:58:37        | 0:58:16     | + 0:21                   | 4      | 09:24                      |                    |  |      |  |
| Neil      | Cranidge | 08:00              | 0:49:43        | 0:49:22     | + 0:21                   | 5      | 07:58                      |                    |  |      |  |
| Lee       | Collier  | 06:41              | 0:41:32        | 0:41:22     | + 0:10                   | 6      | 06:40                      |                    |  |      |  |
| Christine | Willis   | 11:58              | 1:14:21        | 1:14:20     | + 0:01                   | 7      | 11:58                      |                    |  |      |  |
| Simon     | Lees     | 07:03              | 0:43:48        | 0:44:24     | - 0:36                   | 8      | 07:06                      |                    |  |      |  |
| Jane      | Feather  | 09:54              | 1:01:31        | 1:06:08     | - 4:37                   | 9      | 10:16                      |                    |  |      |  |

| RACE 25 |            | John Deacon Handicap |                | 23/06/2015  |                          | 6.66 miles |                            | Terrain multiplier |  | 101% |  |
|---------|------------|----------------------|----------------|-------------|--------------------------|------------|----------------------------|--------------------|--|------|--|
| NAME    |            | Handicap Mile Pace   | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points     | Revised Handicap Mile Pace |                    |  |      |  |
| Barry   | Jenkins    | 08:48                | 0:59:12        | 0:54:46     | + 4:26                   | 1          | 08:28                      |                    |  |      |  |
| Debbie  | Broadhurst | 09:20                | 1:02:47        | 0:58:35     | + 4:12                   | 2          | 09:01                      |                    |  |      |  |
| Chris   | Willis     | 11:58                | 1:20:30        | 1:16:56     | + 3:34                   | 3          | 11:42                      |                    |  |      |  |
| Philip  | Good       | 07:47                | 0:52:21        | 0:49:58     | + 2:23                   | 4          | 07:36                      |                    |  |      |  |
| Anne    | Newlin     | 09:24                | 1:03:14        | 1:01:07     | + 2:07                   | 5          | 09:15                      |                    |  |      |  |
| Nick    | Summons    | 07:44                | 0:52:01        | 0:50:21     | + 1:40                   | 6          | 07:37                      |                    |  |      |  |
| John    | Cowley     | 08:19                | 0:55:57        | 0:54:54     | + 1:03                   | 7          | 08:14                      |                    |  |      |  |
| Carlos  | Blanco     | 07:35                | 0:51:01        | 0:50:03     | + 0:58                   | 8          | 07:31                      |                    |  |      |  |

# KEITH VINE HANDICAP LEAGUE 2016

|       |            |       |         |         |        |    |       |
|-------|------------|-------|---------|---------|--------|----|-------|
| Dan   | Simmonds   | 06:51 | 0:46:05 | 0:45:19 | + 0:46 | 9  | 06:48 |
| Lee   | Collier    | 06:40 | 0:44:51 | 0:44:11 | + 0:40 | 10 | 06:37 |
| Nick  | Berry      | 06:18 | 0:42:23 | 0:41:49 | + 0:34 | 11 | 06:15 |
| Ian   | Buckingham | 07:27 | 0:50:07 | 0:49:36 | + 0:31 | 12 | 07:25 |
| Julia | Slade      | 07:55 | 0:53:15 | 0:52:59 | + 0:16 | 13 | 07:54 |
| Kev   | Bird       | n/a   | n/a     | 0:58:50 | + 0:00 | 14 | 08:45 |
| Brice | Hopkins    | n/a   | n/a     | 0:45:26 | + 0:00 | 14 | 06:45 |
| Piotr | Sulecki    | 06:45 | 0:45:24 | 0:45:42 | - 0:18 | 16 | 06:46 |
| Shams | Wahab      | 07:26 | 0:50:00 | 0:50:18 | - 0:18 | 16 | 07:27 |
| Peter | Waterer    | 08:56 | 1:00:05 | 1:00:36 | - 0:31 | 17 | 08:58 |
| Jane  | Feather    | 10:16 | 1:09:04 | 1:17:44 | - 8:40 | 18 | 10:55 |

## RACE 26 Forde Abbey 10K 30/06/2016 10 km Terrain multiplier 122%

| NAME             | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |
|------------------|--------------------|----------------|-------------|--------------------------|--------|----------------------------|
| John Townsend    | 07:40              | 0:58:07        | 0:53:49     | + 4:18                   | 1      | 07:23                      |
| Jane Ward        | 07:35              | 0:57:29        | 0:55:04     | + 2:25                   | 2      | 07:25                      |
| Matt Clayton     | 08:28              | 1:04:11        | 1:04:30     | - 0:19                   | 3      | 08:29                      |
| Julia Slade      | 07:54              | 0:59:53        | 1:00:43     | - 0:50                   | 4      | 07:57                      |
| Christine Willis | 11:42              | 1:28:42        | 1:29:33     | - 0:51                   | 5      | 11:45                      |
| Anne Newlin      | 09:15              | 1:10:07        | 1:11:43     | - 1:36                   | 6      | 09:21                      |
| John Cowley      | 08:14              | 1:02:25        | 1:04:03     | - 1:38                   | 7      | 08:20                      |
| Neil Cranidge    | 07:58              | 1:00:24        | 1:02:43     | - 2:19                   | 8      | 08:07                      |
| Spencer Mogridge | 06:01              | 0:45:37        | 0:48:09     | - 2:32                   | 9      | 06:11                      |
| Jason Woods      | 07:50              | 0:59:23        | 1:05:16     | - 5:53                   | 10     | 08:13                      |

## RACE 27 Dorset Invader Half 16/07/2016 13.1 miles Terrain multiplier 118%

| NAME             | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace | Comments         |
|------------------|--------------------|----------------|-------------|--------------------------|--------|----------------------------|------------------|
| Jane Ward        | 07:25              | 2:01:32        | 01:58:11    | + 3:21                   | 1      | 07:19                      |                  |
| Philip Reese     | n/a                | n/a            | 01:41:12    | + 0:00                   | 2      | 06:11                      |                  |
| Suzanna Baker    | 07:26              | 2:01:48        | 02:04:22    | - 2:34                   | 3      | 07:31                      |                  |
| Spencer Mogridge | 06:11              | 1:41:19        | 01:47:34    | - 6:15                   | 4      | 06:22                      |                  |
| Mandy Harris     | 08:58              | 2:26:55        | 02:33:52    | - 6:57                   | 5      | 09:11                      |                  |
| Nick Summons     | 07:37              | 2:04:48        | 02:15:30    | - 10:42                  | 6      | 07:57                      |                  |
| Ruth Readman     | 08:01              | 2:11:21        | 02:28:50    | - 17:29                  | 7      | 08:31                      | * 30 sec limiter |
| Mel Mitchell     | 08:58              | 2:26:55        | 02:50:10    | - 23:15                  | 8      | 09:28                      | * 30 sec limiter |
| Barry Jenkins    | 08:28              | 2:18:44        | 02:50:23    | - 31:39                  | 9      | 08:58                      | * 30 sec limiter |
| Neil Cranidge    | 08:07              | 2:13:00        | 02:50:17    | - 37:17                  | 10     | 08:37                      | * 30 sec limiter |

## RACE 28 Tarrant Valley 10km 17/07/2016 10 km Terrain multiplier 106%

| NAME              | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace | Comments   |
|-------------------|--------------------|----------------|-------------|--------------------------|--------|----------------------------|------------|
| Sara Cross        | 09:08              | 1:00:09        | 00:54:00    | + 6:09                   | 1      | 08:40                      |            |
| Graham Smiith     | 06:47              | 0:44:41        | 00:43:19    | + 1:22                   | 2      | 06:41                      |            |
| Nick Brooke       | 06:45              | 0:44:28        | 00:43:07    | + 1:21                   | 3      | 06:39                      |            |
| Lee Collier       | 06:37              | 0:43:35        | 00:42:15    | + 1:20                   | 4      | 06:31                      |            |
| Carlos Blanco     | 07:31              | 0:49:31        | 00:48:34    | + 0:57                   | 5      | 07:27                      |            |
| Mike Peters       | 07:03              | 0:46:26        | 00:46:01    | + 0:25                   | 6      | 07:01                      |            |
| John Townsend     | 07:23              | 0:48:38        | 00:48:14    | + 0:24                   | 7      | 07:21                      |            |
| Hilary Theacker   | n/a                | n/a            | 0:57:09     | + n/a                    | 8      | 08:40                      | setting hc |
| Chris Cussen      | n/a                | n/a            | 1:16:51     | - n/a                    | 9      | 11:40                      | setting hc |
| Jamie Drennan     | 07:59              | 0:52:35        | 00:52:45    | - 0:10                   | 10     | 08:00                      |            |
| Rachael Franklin  | 07:57              | 0:52:22        | 00:52:47    | - 0:25                   | 11     | 07:59                      |            |
| Paul Russell      | 07:59              | 0:52:35        | 00:53:10    | - 0:35                   | 12     | 08:02                      |            |
| Debbie Broadhurst | 09:01              | 0:59:23        | 0:59:59     | - 0:36                   | 13     | 09:04                      |            |
| Ruth Readman      | 08:31              | 0:56:06        | 0:56:50     | - 0:44                   | 14     | 08:34                      |            |
| Simon Lees        | 07:06              | 0:46:46        | 00:47:59    | - 1:13                   | 15     | 07:12                      |            |
| Iain Trickett     | 05:13              | 0:34:22        | 00:35:47    | - 1:25                   | 16     | 05:19                      |            |
| Piotr Sulecki     | 06:46              | 0:44:34        | 00:46:11    | - 1:37                   | 17     | 06:53                      |            |
| Jane Feather      | 10:55              | 1:11:54        | 1:13:37     | - 1:43                   | 18     | 11:03                      |            |
| Anne Newlin       | 09:21              | 1:01:35        | 1:03:24     | - 1:49                   | 19     | 09:29                      |            |
| Jane Ward         | 07:19              | 0:48:11        | 00:50:42    | - 2:31                   | 20     | 07:30                      |            |
| Dan Simmonds      | 06:48              | 0:44:47        | 00:47:28    | - 2:41                   | 21     | 07:00                      |            |

# KEITH VINE HANDICAP LEAGUE 2016

|                |       |         |          |        |    |       |
|----------------|-------|---------|----------|--------|----|-------|
| Chris Beck     | 09:22 | 1:01:42 | 1:06:50  | - 5:08 | 22 | 09:45 |
| Ian Buckingham | 07:25 | 0:48:51 | 00:55:09 | - 6:18 | 23 | 07:54 |
| Flora Brooke   | 09:30 | 1:02:34 | 1:09:09  | - 6:35 | 24 | 10:00 |
| Roger Teasdale | 06:40 | 0:43:55 | 00:53:10 | - 9:15 | 25 | 06:40 |

\*not racing

| RACE 29       |  | Bad Cow 10K        | 20/08/2016     | 10 km       | Terrain multiplier       | 108%   |                            |
|---------------|--|--------------------|----------------|-------------|--------------------------|--------|----------------------------|
| NAME          |  | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |
| Mel Mitchell  |  | 09:28              | 1:03:32        | 0:57:35     | + 5:57                   | 1      | 09:01                      |
| Barry Jenkins |  | 08:58              | 1:00:10        | 0:55:29     | + 4:41                   | 2      | 08:37                      |
| Anne Newlin   |  | 09:29              | 1:03:38        | 1:00:33     | + 3:05                   | 3      | 09:15                      |
| Jane Ward     |  | 07:30              | 0:50:20        | 0:49:49     | + 0:31                   | 4      | 07:28                      |
| Jason Woods   |  | 08:13              | 0:55:08        | 0:56:10     | - 1:02                   | 5      | 08:18                      |

| RACE 30           |  | Round the Rock 10K | 21/08/2016     | 10 km       | Terrain multiplier       | 102%   |                            |
|-------------------|--|--------------------|----------------|-------------|--------------------------|--------|----------------------------|
| NAME              |  | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |
| Jane Feather      |  | 11:03              | 1:10:02        | 1:02:01     | + 8:01                   | 1      | 10:25                      |
| Tom Collis        |  | 07:49              | 0:49:33        | 0:45:11     | + 4:22                   | 2      | 07:28                      |
| Dan Simmonds      |  | 07:00              | 0:44:22        | 0:42:58     | + 1:24                   | 3      | 06:53                      |
| Debbie Broadhurst |  | 09:04              | 0:57:28        | 0:56:22     | + 1:06                   | 4      | 08:59                      |
| Daryl Davies      |  | 06:42              | 0:42:28        | 0:41:46     | + 0:42                   | 5      | 06:39                      |
| Roger Teasdale    |  | 06:40              | 0:42:15        | 0:41:53     | + 0:22                   | 6      | 06:38                      |
| Lee Collier       |  | 06:31              | 0:41:18        | 0:41:17     | + 0:01                   | 7      | 06:31                      |
| Philip Reese      |  | 06:11              | 0:39:11        | 0:39:26     | - 0:15                   | 8      | 06:12                      |
| Julia Slade       |  | 07:57              | 0:50:23        | 0:51:38     | - 1:15                   | 9      | 08:03                      |
| Barry Jenkins     |  | 08:37              | 0:54:37        | 0:56:15     | - 1:38                   | 10     | 08:45                      |
| Ines Braun        |  | 09:34              | 1:00:38        | 1:02:21     | - 1:43                   | 11     | 09:42                      |

| RACE 31           |  | The Beast          | 04/09/2016     | 13 miles    | Terrain multiplier       | 120%   |                            |
|-------------------|--|--------------------|----------------|-------------|--------------------------|--------|----------------------------|
| NAME              |  | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |
| Andy Goodman      |  | 08:37              | 2:22:29        | 2:11:52     | + 10:37                  | 1      | 08:18                      |
| Jane Ward         |  | 07:28              | 2:03:28        | 1:55:25     | + 8:03                   | 2      | 07:13                      |
| Philip Reese      |  | 06:12              | 1:42:31        | 1:34:43     | + 7:48                   | 3      | 05:58                      |
| Daryl Davies      |  | 06:39              | 1:49:58        | 1:43:12     | + 6:46                   | 4      | 06:27                      |
| John Townsend     |  | 07:21              | 2:01:32        | 1:55:16     | + 6:16                   | 5      | 07:10                      |
| Daniel Simmonds   |  | 06:53              | 1:53:49        | 1:47:53     | + 5:56                   | 6      | 06:42                      |
| Julia Slade       |  | 08:03              | 2:13:07        | 2:07:22     | + 5:45                   | 7      | 07:53                      |
| Debbie Broadhurst |  | 08:59              | 2:28:33        | 2:22:59     | + 5:34                   | 8      | 08:49                      |
| Carlos Blanco     |  | 07:27              | 2:03:12        | 1:58:12     | + 5:00                   | 9      | 07:18                      |
| Neil Cranidge     |  | 08:37              | 2:22:29        | 2:18:18     | + 4:11                   | 10     | 08:29                      |
| Barry Jenkins     |  | 08:45              | 2:24:41        | 2:21:13     | + 3:28                   | 11     | 08:39                      |
| Tomo Collis       |  | 07:28              | 2:03:28        | 2:00:47     | + 2:41                   | 12     | 07:23                      |
| Lee Collier       |  | 06:31              | 1:47:46        | 1:46:09     | + 1:37                   | 13     | 06:28                      |
| Jane Feather      |  | 10:25              | 2:52:15        | 2:51:35     | + 0:40                   | 14     | 10:24                      |
| Anne Newlin       |  | 09:15              | 2:32:57        | 2:34:13     | - 1:16                   | 15     | 09:17                      |
| Justin Perry      |  | 07:12              | 1:59:04        | 2:00:21     | - 1:17                   | 16     | 07:14                      |
| Nick Summons      |  | 07:57              | 2:11:28        | 2:13:38     | - 2:10                   | 17     | 08:01                      |
| Suzanna Baker     |  | 07:31              | 2:04:18        | 2:07:44     | - 3:26                   | 18     | 07:37                      |
| Jane Ridge        |  | 09:45              | 2:41:14        | 2:55:27     | - 14:13                  | 19     | 10:11                      |
| Simon Lees        |  | 07:12              | 1:59:04        | 2:18:59     | - 19:55                  | 20     | 07:42                      |
|                   |  |                    | 0:00:00        |             | - 0:00                   |        | 00:00                      |

30 sec limiter

| RACE 32        |  | Hoburne 5          | 25/09/2016     | 5 miles     | Terrain multiplier       | 101%   |                            |
|----------------|--|--------------------|----------------|-------------|--------------------------|--------|----------------------------|
| NAME           |  | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |
| Nick Summons   |  | 08:01              | 0:39:40        | 0:36:58     | + 2:42                   | 1      | 07:45                      |
| Jamie Drennan  |  | 08:00              | 0:39:36        | 0:37:18     | + 2:18                   | 2      | 07:46                      |
| John Cowley    |  | 08:20              | 0:41:15        | 0:40:02     | + 1:13                   | 3      | 08:13                      |
| Mel Mitchell   |  | 09:01              | 0:44:37        | 0:43:35     | + 1:02                   | 4      | 08:55                      |
| Roger Teasdale |  | 06:38              | 0:32:50        | 0:32:50     | - 0:00                   | 5      | 06:38                      |

# KEITH VINE HANDICAP LEAGUE 2016

|         |          |       |         |         |        |    |       |
|---------|----------|-------|---------|---------|--------|----|-------|
| Steve   | Rigby    | 06:11 | 0:30:36 | 0:30:37 | - 0:01 | 6  | 06:11 |
| Julia   | Slade    | 07:53 | 0:39:01 | 0:39:07 | - 0:06 | 7  | 07:54 |
| Jane    | Feather  | 10:24 | 0:51:28 | 0:51:45 | - 0:17 | 8  | 10:26 |
| Shams   | Wahab    | 07:27 | 0:36:52 | 0:37:12 | - 0:20 | 9  | 07:29 |
| Simon   | Lees     | 07:42 | 0:38:06 | 0:38:39 | - 0:33 | 10 | 07:45 |
| Rachael | Franklin | 07:59 | 0:39:31 | 0:40:12 | - 0:41 | 11 | 08:03 |
| Jen     | Barker   | 08:23 | 0:41:29 | 0:42:33 | - 1:04 | 12 | 08:29 |
| Dan     | Simmonds | 06:42 | 0:33:09 | 0:34:15 | - 1:06 | 13 | 06:49 |
| Daryl   | Davies   | 06:27 | 0:31:55 | 0:33:43 | - 1:48 | 14 | 06:38 |
| Phillip | Reese    | 05:58 | 0:29:32 | 0:31:58 | - 2:26 | 15 | 06:13 |
| Jane    | Ward     | 07:13 | 0:35:43 | 0:38:11 | - 2:28 | 16 | 07:28 |
| Barry   | Jenkins  | 08:39 | 0:42:49 | 0:45:40 | - 2:51 | 17 | 08:56 |

| RACE 33 |         | BMF Half           | 02/10/2016     |             | 13.11 miles              |        | Terrain multiplier         | 101% |
|---------|---------|--------------------|----------------|-------------|--------------------------|--------|----------------------------|------|
| NAME    |         | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |      |
| Julia   | Slade   | 07:54              | 1:50:53        | 01:43:12    | + 7:41                   | 1      | 07:36                      |      |
| Jen     | Barker  | 08:29              | 1:59:04        | 01:54:18    | + 4:46                   | 2      | 08:17                      |      |
| Mike    | Anthony | 08:53              | 2:04:41        | 02:01:32    | + 3:09                   | 3      | 08:44                      |      |
| Scott   | Pound   | 05:55              | 1:23:03        | 01:22:15    | + 0:48                   | 4      | 05:52                      |      |
| Nigel   | Legg    | 09:31              | 2:13:34        | 02:17:22    | - 3:48                   | 5      | 09:37                      |      |

| RACE 34 |            | Gold Hill 10km     | 09/10/2016     |             | 10 km                    |        | Terrain multiplier         | 112% |
|---------|------------|--------------------|----------------|-------------|--------------------------|--------|----------------------------|------|
| NAME    |            | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |      |
| Ruth    | Readman    | 08:34              | 0:59:37        | 00:55:05    | + 4:32                   | 1      | 08:14                      |      |
| Flora   | Brooke     | 10:00              | 1:09:36        | 01:06:10    | + 3:26                   | 2      | 09:45                      |      |
| Philip  | Good       | 07:36              | 0:52:53        | 00:49:32    | + 3:21                   | 3      | 07:22                      |      |
| Justin  | Perry      | 07:14              | 0:50:20        | 00:47:47    | + 2:33                   | 4      | 07:03                      |      |
| Nick    | Brooke     | 06:39              | 0:46:17        | 00:43:59    | + 2:18                   | 5      | 06:29                      |      |
| Jane    | Ridge      | 10:11              | 1:10:52        | 01:08:35    | + 2:17                   | 6      | 10:01                      |      |
| Graham  | Smith      | 06:41              | 0:46:31        | 00:44:48    | + 1:43                   | 7      | 06:34                      |      |
| John    | Cowley     | 08:13              | 0:57:11        | 00:55:41    | + 1:30                   | 8      | 08:07                      |      |
| Jane    | Feather    | 10:26              | 1:12:37        | 01:11:15    | + 1:22                   | 9      | 10:20                      |      |
| Duncan  | Ward       | 05:49              | 0:40:29        | 00:39:09    | + 1:20                   | 10     | 05:43                      |      |
| Sarah   | Perrett    | 09:45              | 1:07:51        | 01:07:01    | + 0:50                   | 11     | 09:41                      |      |
| Daryl   | Davies     | 06:38              | 0:46:10        | 00:45:34    | + 0:36                   | 12     | 06:35                      |      |
| Shams   | Wahab      | 07:29              | 0:52:05        | 00:51:42    | + 0:23                   | 13     | 07:27                      |      |
| Carlos  | Blanco     | 07:18              | 0:50:48        | 00:50:26    | + 0:22                   | 14     | 07:16                      |      |
| Julia   | Slade      | 07:36              | 0:52:53        | 00:52:38    | + 0:15                   | 15     | 07:35                      |      |
| Rachael | Franklin   | 08:03              | 0:56:01        | 00:55:51    | + 0:10                   | 16     | 08:02                      |      |
| Laura   | Eckett     | n/a                | n/a            | 01:11:17    | + 0:00                   | 17     | 10:15                      |      |
| Nick    | Berry      | 06:15              | 0:43:30        | 00:43:31    | - 0:01                   | 18     | 06:15                      |      |
| Jen     | Barker     | 08:17              | 0:57:39        | 00:58:10    | - 0:31                   | 19     | 08:19                      |      |
| James   | Meiklejohn | 07:57              | 0:55:20        | 00:55:52    | - 0:32                   | 20     | 07:59                      |      |
| Roger   | Teasdale   | 06:38              | 0:46:10        | 00:46:50    | - 0:40                   | 21     | 06:41                      |      |
| Nick    | Summons    | 07:45              | 0:53:56        | 00:54:58    | - 1:02                   | 22     | 07:49                      |      |
| Paul    | Russell    | 08:02              | 0:55:54        | 00:59:20    | - 3:26                   | 23     | 08:17                      |      |

| RACE 35 |              | Gilly Hilly        | 06/11/2016     |             | 7.5 miles                |        | Terrain multiplier         | 103% |
|---------|--------------|--------------------|----------------|-------------|--------------------------|--------|----------------------------|------|
| NAME    |              | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points | Revised Handicap Mile Pace |      |
| Felix   | Stroud-Allen | 08:25              | 1:05:01        | 0:58:33     | + 6:28                   | 1      | 08:00                      |      |
| Chris   | Beck         | 09:45              | 1:15:19        | 1:14:17     | + 1:02                   | 2      | 09:41                      |      |
| Paul    | Russell      | 08:17              | 1:03:59        | 1:03:35     | + 0:24                   | 3      | 08:15                      |      |
| Piotr   | Sulecki      | 06:53              | 0:53:10        | 0:52:52     | + 0:18                   | 4      | 06:52                      |      |
| Mandy   | Harris       | 09:11              | 1:10:56        | 1:10:44     | + 0:12                   | 5      | 09:10                      |      |
| Jonny   | Hayes        | n/a                | n/a            | 0:54:58     | + 0:00                   | 6=     | 07:07                      |      |
| Laura   | Jones        | n/a                | n/a            | 1:16:42     | + 0:00                   | 6=     | 09:56                      |      |
| Julia   | Slade        | 07:35              | 0:58:35        | 0:58:45     | - 0:10                   | 8      | 07:36                      |      |
| John    | Cowley       | 08:07              | 1:02:42        | 1:03:00     | - 0:18                   | 9=     | 08:08                      |      |

# KEITH VINE HANDICAP LEAGUE 2016

|       |         |       |         |         |        |    |       |
|-------|---------|-------|---------|---------|--------|----|-------|
| Barry | Jenkins | 08:56 | 1:09:01 | 1:09:19 | - 0:18 | 9= | 08:57 |
| Flora | Brooke  | 09:45 | 1:15:19 | 1:15:49 | - 0:30 | 11 | 09:47 |
| Nick  | Berry   | 06:15 | 0:48:17 | 0:49:26 | - 1:09 | 12 | 06:19 |
| Nick  | Brooke  | 06:29 | 0:50:05 | 0:51:20 | - 1:15 | 13 | 06:34 |

1mv60

| RACE 36 Wimborne 10 |            | 20/11/2016         |                | 10 miles    |                          | Terrain multiplier 100% |                            |
|---------------------|------------|--------------------|----------------|-------------|--------------------------|-------------------------|----------------------------|
| NAME                |            | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points                  | Revised Handicap Mile Pace |
| Richard             | Sturman    | 08:41              | 1:30:18        | 1:24:16     | + 6:02                   | 1                       | 08:24                      |
| Barry               | Jenkins    | 08:56              | 1:32:54        | 1:29:25     | + 3:29                   | 2                       | 08:46                      |
| Piotr               | Sulecki    | 06:52              | 1:11:25        | 1:08:18     | + 3:07                   | 3                       | 06:43                      |
| Mandy               | Harris     | 09:10              | 1:35:20        | 1:32:49     | + 2:31                   | 4                       | 09:03                      |
| Nick                | Summons    | 07:49              | 1:21:18        | 1:18:47     | + 2:31                   | 5                       | 07:42                      |
| Jamie               | Drennan    | 07:46              | 1:20:46        | 1:19:00     | + 1:46                   | 6                       | 07:41                      |
| Jane                | Ridge      | 10:01              | 1:44:10        | 1:42:52     | + 1:18                   | 7                       | 09:57                      |
| Michael             | Peters     | 07:01              | 1:12:58        | 1:11:54     | + 1:04                   | 8                       | 06:58                      |
| John                | Cowley     | 08:08              | 1:24:35        | 1:23:44     | + 0:51                   | 9                       | 08:06                      |
| Flora               | Brooke     | 09:47              | 1:41:45        | 1:40:56     | + 0:49                   | 10                      | 09:45                      |
| Nick                | Brooke     | 06:34              | 1:08:18        | 1:08:10     | + 0:08                   | 11                      | 06:34                      |
| Rachael             | Franklin   | 08:02              | 1:23:33        | 1:23:27     | + 0:06                   | 12                      | 08:02                      |
| David               | Pugh       | n/a                | n/a            | 1:18:22     | + 0:00                   | 13                      | 07:32                      |
| Roger               | Teasdale   | 06:41              | 1:09:30        | 1:09:41     | - 0:11                   | 14                      | 06:42                      |
| Daryl               | Davies     | 06:35              | 1:08:28        | 1:08:58     | - 0:30                   | 15                      | 06:36                      |
| Laura               | Eckett     | 10:15              | 1:46:36        | 1:47:18     | - 0:42                   | 16                      | 10:17                      |
| Michael             | Anthony    | 08:44              | 1:30:50        | 1:31:35     | - 0:45                   | 17                      | 08:46                      |
| Jen                 | Barker     | 08:19              | 1:26:30        | 1:27:22     | - 0:52                   | 18                      | 08:22                      |
| Ines                | Braun      | 09:42              | 1:40:53        | 1:41:56     | - 1:03                   | 19                      | 09:45                      |
| Lee                 | Collier    | 06:28              | 1:07:15        | 1:08:26     | - 1:11                   | 20                      | 06:31                      |
| Iain                | Trickett   | 05:19              | 0:55:18        | 0:56:29     | - 1:11                   | 21                      | 05:22                      |
| Claire              | Novak      | 10:14              | 1:46:26        | 1:47:44     | - 1:18                   | 22                      | 10:18                      |
| Julia               | Slade      | 07:36              | 1:19:02        | 1:20:25     | - 1:23                   | 23                      | 07:40                      |
| Paul                | Russell    | 08:15              | 1:25:48        | 1:27:13     | - 1:25                   | 24                      | 08:19                      |
| Tom                 | Collis     | 07:23              | 1:16:47        | 1:18:15     | - 1:28                   | 25                      | 07:27                      |
| Graham              | Smith      | 06:34              | 1:08:18        | 1:09:54     | - 1:36                   | 26                      | 06:39                      |
| Dan                 | Simmonds   | 06:49              | 1:10:54        | 1:12:37     | - 1:43                   | 27                      | 06:54                      |
| Sarah               | Perrett    | 09:41              | 1:40:42        | 1:42:46     | - 2:04                   | 28                      | 09:47                      |
| Jane                | Ward       | 07:28              | 1:17:39        | 1:20:00     | - 2:21                   | 29                      | 07:35                      |
| Nadine              | Robson     | 08:58              | 1:33:15        | 1:35:49     | - 2:34                   | 30                      | 09:05                      |
| Mel                 | Mitchell   | 08:55              | 1:32:44        | 1:35:32     | - 2:48                   | 31                      | 09:03                      |
| Steve               | Rigby      | 06:11              | 1:04:18        | 1:07:42     | - 3:24                   | 32                      | 06:21                      |
| Debbie              | Broadhurst | 08:49              | 1:31:42        | 1:35:35     | - 3:53                   | 33                      | 09:00                      |

| RACE 37 Boscombe 10km |            | 27/11/2016         |                | 10 km       |                          | Terrain multiplier 100% |                            |
|-----------------------|------------|--------------------|----------------|-------------|--------------------------|-------------------------|----------------------------|
| NAME                  |            | Handicap Mile Pace | Predicted Time | Actual Time | Faster (+) or Slower (-) | Points                  | Revised Handicap Mile Pace |
| Nadine                | Robson     | 09:05              | 0:56:26        | 00:50:32    | + 5:54                   | 1                       | 08:36                      |
| Melanie               | Mitchell   | 09:03              | 0:56:14        | 00:53:12    | + 3:02                   | 2                       | 08:48                      |
| Jane                  | Feather    | 10:20              | 1:04:13        | 01:01:35    | + 2:38                   | 3                       | 10:07                      |
| Nick                  | Summons    | 07:42              | 0:47:51        | 00:46:03    | + 1:48                   | 4                       | 07:33                      |
| Ines                  | Braun      | 09:45              | 1:00:35        | 00:58:53    | + 1:42                   | 5                       | 09:37                      |
| Barry                 | Jenkins    | 08:46              | 0:54:28        | 00:53:12    | + 1:16                   | 6                       | 08:40                      |
| Jen                   | Barker     | 08:22              | 0:51:59        | 00:50:59    | + 1:00                   | 7                       | 08:17                      |
| Jonny                 | Hayes      | 07:07              | 0:44:13        | 00:43:15    | + 0:58                   | 8                       | 07:02                      |
| Daryl                 | Davies     | 06:36              | 0:41:01        | 00:40:30    | + 0:31                   | 9                       | 06:34                      |
| Jamie                 | Drennan    | 07:41              | 0:47:45        | 00:47:22    | + 0:23                   | 10                      | 07:39                      |
| Debbie                | Broadhurst | 09:00              | 0:55:55        | 00:55:37    | + 0:18                   | 11                      | 08:59                      |
| Flora                 | Brooke     | 09:45              | 1:00:35        | 01:00:26    | + 0:09                   | 12                      | 09:44                      |
| Roger                 | Teasdale   | 06:42              | 0:41:38        | 00:41:30    | + 0:08                   | 13                      | 06:41                      |
| Cath                  | Temple     | 11:45              | 1:13:03        | 01:13:03    | - 0:00                   | 14                      | 11:45                      |
| Nick                  | Brooke     | 06:34              | 0:40:48        | 00:40:59    | - 0:11                   | 15                      | 06:35                      |
| Rachael               | Franklin   | 08:02              | 0:49:55        | 00:50:11    | - 0:16                   | 16                      | 08:03                      |
| Iain                  | Trickett   | 05:22              | 0:33:21        | 00:34:14    | - 0:53                   | 17                      | 05:26                      |
| Amanda                | Harris     | 09:03              | 0:56:14        | 00:57:12    | - 0:58                   | 18                      | 09:08                      |

# KEITH VINE HANDICAP LEAGUE 2016

|        |          |       |         |                  |    |       |               |
|--------|----------|-------|---------|------------------|----|-------|---------------|
| Lee    | Collier  | 06:31 | 0:40:30 | 00:41:29 - 0:59  | 19 | 06:36 |               |
| Carlos | Blanco   | 07:16 | 0:45:09 | 00:46:16 - 1:07  | 20 | 07:21 |               |
| Julia  | Slade    | 07:40 | 0:47:38 | 00:49:00 - 1:22  | 21 | 07:47 |               |
| Duncan | Ward     | 05:43 | 0:35:31 | 00:36:56 - 1:25  | 22 | 05:50 |               |
| Tomo   | Collis   | 07:27 | 0:46:18 | 00:48:57 - 2:39  | 23 | 07:40 |               |
| Neil   | Cranidge | 08:29 | 0:52:43 | 00:55:47 - 3:04  | 24 | 08:44 |               |
| Claire | Novak    | 10:18 | 1:04:00 | 01:13:03 - 9:03  | 25 | 11:02 | not adjusting |
| Jane   | Ward     | 07:35 | 0:47:07 | 01:13:18 - 26:11 | 26 | 09:41 | not adjusting |