

AGE-ADJUSTED CLUB CHAMPIONSHIP 2017

Best 5K		Whenever 5K						
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	Event	Date
Duncan	Ward	47	0:16:47	0:15:07	1		Yeovil Summer Series	10/05/2017
Nick	Brooke	64	0:19:28	0:15:18	2		Blandford parkrun	02/09/2017
Iain	Trickett	31	0:15:57	0:15:52	3		Blandford parkrun	21/01/2017
Graham	Smith	62	0:19:58	0:15:58	4		Blandford parkrun	08/04/2017
Nick	Berry	43	0:18:16	0:16:56	5		Yeovil Summer Series	10/05/2017
Ben	Hitchcock	53	0:19:53	0:17:06	6		Blandford parkrun	06/05/2017
Phil	Monk	47	0:19:20	0:17:24	7		Blandford parkrun	05/08/2017
Roger	Teasdale	41	0:18:58	0:17:50	8		Blandford parkrun	29/04/2017
Steve	Rigby	33	0:18:08	0:17:55	9		Blandford parkrun	28/01/2017
Mike	Peters	56	0:21:35	0:18:08	10		Upton House parkrun	25/11/2017
Carlos	Blanco	53	0:21:06	0:18:09	11		Blandford parkrun	01/04/2017
Justin	Perry	44	0:19:44	0:18:10	12		Blandford parkrun	29/04/2017
Dan	Simmonds	45	0:19:55	0:18:12	13		Blandford parkrun	29/04/2017
Joan	Royal	79	0:30:03	0:18:23		1	Blandford parkrun	29/04/2017
Nick	Reynolds	38	0:19:11	0:18:26	14		Blandford parkrun	20/05/2017
Lee	Collier	41	0:19:38	0:18:28	15		Blandford parkrun	01/07/2017
Shams	Wahab	53	0:22:01	0:18:56	16		Blandford parkrun	17/12/2016
Nick	Summons	44	0:21:01	0:19:20	17		Blandford parkrun	25/03/2017
John	Cowley	60	0:23:54	0:19:26	18		Blandford parkrun	17/12/2016
Lynda	Faulkner	51	0:22:01	0:19:28		2	Blandford parkrun	29/04/2017
Craig	Dixon	34	0:19:54	0:19:35	19		Blandford parkrun	17/12/2016
Jamie	Drennan	41	0:21:02	0:19:47	20		Blandford parkrun	29/04/2017
John	Townsend	46	0:22:27	0:20:22	21		Blandford parkrun	11/03/2017
Daryl	Davies	29	0:20:42	0:20:40	22		Blandford parkrun	10/12/2016
Sara	Cross	57	0:25:38	0:21:10		3	Blandford parkrun	04/02/2017
Angela	Potter	58	0:25:56	0:21:10		4	Blandford parkrun	29/04/2017
Flora	Brooke	63	0:27:51	0:21:22		5=	Blandford parkrun	14/01/2017
Julia	Slade	42	0:22:13	0:21:22		5=	Blandford parkrun	02/12/2017
Richard	Sturman	43	0:23:21	0:21:39	23		Blandford parkrun	01/04/2017
Dave	Fitzsimon	37	0:22:43	0:21:58	24		Blandford parkrun	28/01/2017
Nigel	Legg	45	0:24:19	0:22:13	25		Blandford parkrun	17/12/2016
Tom	Collis	28	0:22:45	0:22:45	26		Blandford parkrun	17/12/2016
Stacey	Connolly	37	0:23:17	0:22:59		7	Blandford parkrun	03/06/2017
Ruth	Readman	34	0:23:10	0:23:04		8	Blandford parkrun	12/08/2017
Suzanna	Baker	35	0:23:43	0:23:34		9	Blandford parkrun	17/12/2016
Chris	Cussen	67	0:30:59	0:23:44	27		Tamar Trails parkrun	29/04/2017
Debbie	Broadhurst	42	0:25:06	0:24:08		10	Blandford parkrun	13/05/2017
Lucy	Brown	38	0:24:34	0:24:09		11	Blandford parkrun	14/01/2017
Mel	Michell	30	0:24:42	0:24:42		12	Blandford parkrun	17/12/2016
Anne	Newlin	52	0:28:18	0:24:45		13	Blandford parkrun	17/12/2016
Louise	Barnett	29	0:25:15	0:24:15		14	Poole parkrun	29/04/2017
Sarah	Perrett	43	0:26:44	0:25:32		15	Blandford parkrun	17/12/2016
Barry	Jenkins	51	0:30:20	0:26:30	28		Blandford parkrun	25/02/2017
Rebecca	Gibson	37	0:27:20	0:26:59		16	Blandford parkrun	14/10/2017
Nadine	Robson	37	0:29:21	0:28:58		17	Blandford parkrun	29/04/2017
Christine	Willis	58	0:47:28	0:38:44		18	Blandford parkrun	17/12/2016
Claire	Novak	51	0:45:09	0:39:55		19	Blandford parkrun	17/12/2016
Cath	Temple	43	0:45:10	0:43:08		20	Blandford parkrun	17/12/2016

AGE-ADJUSTED CLUB CHAMPIONSHIP 2017

Best Marathon		Whenever 26.2 Miles					
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	Event	Date
Iain Trickett	31	2:26:52	2:26:52	1		London Marathon	23/04/2017
Nick Brooke	64	3:40:58	2:53:57	2		Yeovil	11/06/2017
Ben Hitchcock	53	3:37:01	3:09:25	3		London Marathon	23/04/2017
Steve Rigby	33	3:09:49	3:09:36	4		NDVM	03/05/2017
Philip Reese	36	3:15:11	3:13:37	5		Hull Marathon	24/09/2017
Piotr Sulecki	37	3:16:34	3:14:15	6		Manchester Marathon	02/04/2017
Nick Reynolds	38	3:21:21	3:18:04	7		Berlin Marathon	24/09/2017
Lynda Faulkner	51	3:56:45	3:25:38		1	San Francisco	23/07/2017
Lee Collier	41	3:32:56	3:25:39	8		Bournemouth	08/10/2017
Craig Dixon	34	3:26:27	3:25:54	9		Manchester Marathon	02/04/2017
Edgard Zaldua	50	3:50:31	3:26:34	10		Bournemouth	08/10/2017
Spencer Mogridge	44	3:44:36	3:31:45	11		NDVM	03/05/2017
Lerryn Chaffey	41	3:41:23	3:33:18		2	Dorchester	28/05/2017
Jonny Hayes	37	3:36:15	3:33:42	12		London Marathon	23/04/2017
Jane Ward	48	4:00:39	3:36:58		3	Paris Marathon	09/04/2017
Steven Haywood	45	3:52:35	3:37:28	13		Manchester Marathon	02/04/2017
Stacey Connolly	37	3:41:07	3:37:53			Bournemouth	08/10/2017
Simon Lees	51	4:07:00	3:39:26	14		Dorchester	28/05/2017
Dave Fitzsimon	37	3:44:10	3:41:31	15		Manchester Marathon	02/04/2017
Julia Slade	41	3:56:17	3:47:40		4	Paris Marathon	09/04/2017
John Cowley	60	4:41:39	3:50:28	16		Dorchester	28/05/2017
Suzanna Baker	35	3:54:34	3:52:50		6	NDVM	03/05/2017
Tim Brown	40	3:59:32	3:52:57	17		NDVM	03/05/2017
Gavin Burrough	36	3:56:27	3:54:34	18		London Marathon	23/04/2017
Nick Summons	44	4:10:32	3:56:12	19		Manchester Marathon	02/04/2017
Daryl Davies	29	4:02:48	4:02:48	20		Yeovil	11/06/2017
Paul Russell	43	4:16:58	4:04:16	21		NDVM	03/05/2017
Chris Chapman	35	4:12:49	4:11:33	22		NDVM	03/05/2017
Rachael Franklin	35	4:14:49	4:12:56		7	NDVM	03/05/2017
Richard Sturman	43	4:26:34	4:13:24	23		NDVM	03/05/2017
Lucy Brown	38	4:21:28	4:16:27		8	Brighton Marathon	09/04/2017
David Pugh	40	4:26:13	4:18:54	24		Bovington Marathon	11/12/2016
Anne Newlin	53	5:07:07	4:20:00		9	NDVM	03/05/2017
Jason Woods	33	4:27:34	4:27:16	25		Yeovil	11/06/2017
Alie Madders	40	4:37:06	4:28:46		10	Bournemouth	08/10/2017
Barry Jenkins	51	5:02:56	4:29:08	26		NDVM	03/05/2017
Tomo Collis	29	4:37:51	4:37:51	27		Dorchester	28/05/2017
Debbie Broadhurst	42	4:57:07	4:44:12		11	Dorchester	28/05/2017
Mel Mitchell	31	4:46:35	4:46:32		12	Berlin Marathon	24/09/2017
Nigel Legg	45	5:21:49	5:00:54	28		Brighton Marathon	09/04/2017
Laura Jones	28	5:10:46	5:10:46		13	London Marathon	23/04/2017

AGE-ADJUSTED CLUB CHAMPIONSHIP 2017

Lytchett 10		12-Feb-2017 10 Miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick	Brooke	63	01:08:00	00:53:59	1	
Iain	Trickett	31	00:54:07	00:54:07	2	
Duncan	Ward	47	00:59:36	00:54:38	3	
Steve	Rigby	33	01:01:23	01:01:16	4	
Carlos	Blanco	53	01:17:14	01:07:14	5	
Nick	Reynolds	37	01:08:46	01:07:49	6	
Jonny	Hayes	37	01:09:29	01:08:31	7	
Stacey	Connolly	37	01:13:56	01:12:37		1
Gavin	Burrough	36	01:13:58	01:13:15	8	
Jane	Ward	48	01:22:19	01:14:07		2
Flora	Brooke	63	01:41:56	01:15:43		3
Nick	Summons	44	01:21:11	01:16:17	9	
Simon	Lees	51	01:27:04	01:17:08	10	
Jamie	Drennan	41	01:20:18	01:17:17	11	
Julia	Slade	41	01:20:42	01:17:29		4
Neil	Cranidge	50	01:31:40	01:21:54	12	
Rachael	Franklin	35	01:25:25	01:24:34		5
Tomo	Collis	29	01:25:00	01:25:00	13	
Melanie	Mitchell	30	01:27:29	01:27:29		6
Alie	Madders	39	01:34:48	01:32:11		7
Sarah	Perrett	43	01:39:03	01:33:41		8

Marnhull 12K		9-Apr-2017 12 KM				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick	Brooke	64	0:52:15	0:41:02	1	
Iain	Trickett	31	0:41:24	0:41:24	2	
Steve	Rigby	33	0:48:29	0:48:21	3	
Roger	Teasdale	41	0:51:27	0:49:20	4	
Simon	Lees	51	0:56:07	0:49:34	5	
Carlos	Blanco	53	0:58:27	0:50:45	6	
Dan	Simmonds	45	0:55:01	0:51:06	7	
John	Townsend	46	0:57:44	0:53:11	8	
Sara	Cross	57	1:05:38	0:53:16		1
Philip	Reese	35	0:54:08	0:53:42	9	
Jamie	Drennan	41	0:59:36	0:57:09	10	
Nick	Summons	44	1:01:48	0:57:51	11	
Flora	Brooke	64	1:19:07	0:58:23		2
Paul	Russell	43	1:03:10	0:59:37	12	
Barry	Jenkins	51	1:10:39	1:02:24	13	
Rachael	Franklin	35	1:03:19	1:02:52		3
Alie	Madders	39	1:09:14	1:07:38		4
Mel	Mitchell	30	1:07:57	1:07:57		5
Sarah	Perret	43	1:13:02	1:09:28		6
Rebecca	Gibson	37	1:14:28	1:13:25		7
Debbie	Broadhurst	42	1:17:11	1:13:59		8
Jen	Barker	32	1:15:36	1:15:31		9

AGE-ADJUSTED CLUB CHAMPIONSHIP 2017

Broad Oak Hilly		20-Apr-2017 4 Miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick Brooke	64	00:27:16	0:21:10	1		
Nick Berry	43	00:26:15	0:24:15	2		
Flora Brooke	64	00:42:06	0:24:28		1	
Nick Reynolds	37	00:26:45	0:25:51	3		
Simon Lees	51	00:29:53	0:25:56	4		
Shams Wahab	54	00:31:24	0:26:35	5		
Justin Perry	44	00:29:05	0:26:40	6		
John Cowley	60	00:33:19	0:26:48	7		
Chris Chapman	35	00:27:50	0:27:15	8		
Jamie Drennan	41	00:29:20	0:27:31	9		
Paul Russell	43	00:30:20	0:28:02	10		
Daryl Davies	29	00:28:41	0:28:39	11		
James Meiklejohn	54	00:35:11	0:29:47	12		
Neil Cranidge	50	00:35:34	0:31:07	13		
Richard Sturman	43	00:34:56	0:32:17	14		
Ruth Readman	33	00:32:54	0:32:44		2	
Anna Williams	34	00:33:45	0:33:30		3	

Dorchester Lions 10K		14-May-2017 10K				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Iain Trickett	31	00:37:41	00:37:40	1		
Steve Rigby	33	00:40:50	00:40:42	2		
Michael Peters	55	00:48:00	00:40:53	3		
Simon Lees	51	00:47:17	00:41:42	4		
Nick Reynolds	38	00:42:49	00:41:50	5		
Carlos Blanco	53	00:49:05	00:42:33	6		
Lee Collier	41	00:44:33	00:42:37	7		
Philip Reese	35	00:46:13	00:45:47	8		
Jane Ward	48	00:54:06	00:49:01		1	
Barry Jenkins	51	00:57:04	00:50:19	9		
Julia Slade	41	00:52:17	00:50:28		2	
Anne Newlin	53	01:04:48	00:55:18		3	
Mel Mitchell	30	00:57:12	00:57:12		4	
Sarah Perrett	43	01:03:27	01:00:21		5	

AGE-ADJUSTED CLUB CHAMPIONSHIP 2017

Puddletown Plod		11-Jun-2017 13.1 Miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Iain Trickett	31	01:17:30	1:17:30	1		
Scott Pound	44	01:25:08	1:20:16	2		
Steve Rigby	33	01:25:34	1:25:28	3		
Spencer Mogridge	44	01:34:11	1:28:48	4		
Roger Teasdale	41	01:34:00	1:30:47	5		
Lee Collier	41	01:34:39	1:31:25	6		
Micheal Peters	55	01:49:55	1:34:13	7		
Bruce Hopkins	41	01:39:42	1:36:17	8		
Carlos Blanco	53	01:50:35	1:36:31	9		
Jane Ward	49	01:57:18	1:44:22		1	
Stacey Connolly	37	01:47:12	1:45:18		2	
Jamie Drennan	41	01:49:57	1:46:11	10		
Julia Slade	41	01:54:44	1:50:10		3	
Anna Williams	34	01:59:19	1:58:30		4	
Mel Mitchell	30	02:11:39	2:11:37		5	
Alie Madders	39	02:25:54	2:21:52		6	

Portland 10		2-Jul-2017 10 Miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick Brooke	64	1:09:32	0:54:40	1		
Duncan Ward	47	1:00:18	0:55:16	2		
Iain Trickett	31	1:02:06	1:02:06	3		
Steve Rigby	33	1:05:33	1:05:26	4		
Roger Teasdale	41	1:09:33	1:06:57	5		
Lee Collier	41	1:09:52	1:07:15	6		
Nick Reynolds	38	1:08:58	1:07:41	7		
John Cowley	61	1:31:48	1:14:17	8		
Gavin Burrough	36	1:18:30	1:17:44	9		
Stacey Connolly	37	1:22:27	1:20:59		1	
Flora Brooke	64	1:56:05	1:25:00		2	
Alie Madders	39	1:41:38	1:38:50		3	

AGE-ADJUSTED CLUB CHAMPIONSHIP 2017

D'urberville Dash		23-Jul-2017 10 km				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick Brooke	64	0:42:27	0:33:18	1		
Michael Peters	55	0:44:56	0:38:17	2		
Simon Lees	51	0:48:50	0:43:04	3		
Adam Frampton	45	0:53:18	0:49:24	4		
Flora Brooke	64	1:07:09	0:49:33		1	
William Hill	59	1:03:56	0:52:33	5		
Alie Madders	39	0:57:51	0:56:30		2	
Sarah Perrett	44	1:03:01	0:59:27		3	

Littledown 5		17-Sep-2017 5 Miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Steve Rigby	34	0:29:58	0:29:42	1		
Roger Teasdale	41	0:32:01	0:30:27	2		
Nick Reynolds	38	0:33:46	0:32:49	3		
John Cowley	61	0:41:12	0:33:13	4		
Simon Lees	51	0:39:55	0:35:04	5		
Nick Summons	44	0:38:53	0:36:08	6		
Alie Madders	39	0:43:00	0:42:01		1	

Black Hill Race		24-Sep-2017 10K				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Lee Collier	41	0:48:26	0:46:20	1		
David Gedge	45	0:53:50	0:49:53	2		
Jason Woods	33	0:57:10	0:56:58	3		
Alie Madders	39	1:03:40	1:02:11		1	
Anne Newlin	53	1:14:46	1:03:49		2	
Debbie Broadhurst	42	1:21:22	1:17:59		3	

AGE-ADJUSTED CLUB CHAMPIONSHIP 2017

Cary Canter 10K		15-Oct-2017 10K				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Barry Jenkins	52	00:58:50	0:51:26	1		
Ruth Readman	34	00:58:59	0:58:43		1	
Rachael Franklin	36	00:59:55	0:59:18		2	

Gilly Hilly		5-Nov-2017 7.5 Miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Duncan Ward	48	0:44:18	0:40:08	1		
Nick Brooke	64	0:51:22	0:40:20	2		
Nick Berry	44	0:49:19	0:46:10	3		
Steve Rigby	34	0:48:49	0:48:34	4		
Piotr Sulecki	38	0:51:47	0:50:41	5		
Lee Collier	41	0:53:37	0:51:25	6		
Sharon Hutchings	20	0:52:45	0:52:45		1	
Gavin Burrough	36	0:55:19	0:54:40	7		
Jane Ward	49	1:04:47	0:58:01		2	
Julia Slade	42	1:01:43	0:59:09		3	
Jane Feather	62	1:19:46	1:00:33		4	
Ruth Readman	34	1:02:33	1:02:16		5	
Sarah Perrett	44	1:12:19	1:08:13		6	
Alie Madders	40	1:10:49	1:08:47		7	

STURMINSTER 5		7-Dec-2017 5 miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick Brooke	64	00:32:48	0:25:44	1		
Nick Berry	44	00:30:26	0:28:17	2		
Michael Peters	56	00:35:25	0:29:50	3		
Steve Rigby	34	00:30:13	0:29:57	4		
Roger Teasdale	42	00:32:29	0:30:39	5		
Lee Collier	42	00:32:45	0:30:55	6		
Richard Hull	48	00:36:04	0:32:28	7		
Paul Russell	44	00:35:42	0:33:11	8		
John Cowley	61	00:41:35	0:33:32	9		
Philip Reese	36	00:34:18	0:33:43	10		
Sara Cross	58	00:42:08	0:33:57		1	
Felix Stroud-	46	00:38:54	0:35:35	11		
Jane Ward	49	00:40:07	0:36:01		2	
Julia Slade	42	00:37:38	0:36:06		3	
Flora Brooke	64	00:49:29	0:36:50		4	
Neil Cranidge	51	00:42:02	0:36:56	12		
Ruth Readman	34	00:38:47	0:38:37		5	
Jane Feather	62	00:50:37	0:38:42		6	
Alie Madders	40	00:43:37	0:42:23		7	
Sarah Perrett	44	00:46:49	0:44:11		8	
Jason Woods	34	00:50:37	0:50:11	13		