

## AGE-ADJUSTED CLUB CHAMPIONSHIP 2015

Best 5K		Whenever 5K					
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	Event	Date
Nick Brooke	62	0:19:17	0:15:25	1		YTRRC summer race 3	10/06/2015
Graham Smith	60	0:19:05	0:15:31	2		Blandford parkrun	20/06/2015
Scott Pound	42	0:17:11	0:16:00	3		Blandford parkrun	11/07/2015
Spencer Mogridge	42	0:17:32	0:16:22	4		YTRRC summer race 3	10/06/2015
Steve Page	48	0:18:45	0:16:45	5		YTRRC summer race 1	08/04/2015
Michael Peters	53	0:20:08	0:17:19	6		Poole parkrun	18/07/2015
Steve Rigby	32	0:18:07	0:17:58	7		YTRRC summer race 6	09/09/2015
Phillip Bromilow	54	0:21:16	0:18:09	8		Blandford parkrun	18/07/2015
Dan Simmonds	43	0:19:43	0:18:17	9		Blandford parkrun	05/09/2015
Sam Beaumont	20	0:18:26	0:18:26	10		YTRCC summer race 6	09/09/2015
Ben Hitchcock	51	0:21:09	0:18:28	11		Blandford parkrun	16/05/2015
Roger Teasdale	39	0:19:23	0:18:29	12		Poole parkrun	22/08/2015
Lee Collier	39	0:19:28	0:18:34	13		Poole parkrun	18/07/2015
Justin Perry	42	0:20:13	0:18:53	14		Blandford parkrun	25/04/2015
Craig Dixon	32	0:19:06	0:18:57	15		South Manchester parkrun	25/12/2014
Lynda Faulkner	49	0:21:00	0:18:58		1	Blandford parkrun	29/08/2015
Shamsul Wahab	52	0:22:04	0:19:08	16		Blandford parkrun	17/10/2015
John Cowley	59	0:23:30	0:19:16	17		Blandford parkrun	25/08/2015
Ashley Baker	46	0:21:21	0:19:22	18		Blandford parkrun	20/12/2014
Ian Hitching	50	0:22:03	0:19:24	19		Poole parkrun	13/12/2014
Felix Stroud-Allen	43	0:21:13	0:19:40	20		Blandford parkrun	29/08/2015
Scott Bryant	39	0:20:52	0:19:54	21		Blandford parkrun	20/12/2014
Nick Summons	41	0:21:21	0:20:05	22		Blandford parkrun	06/12/2014
Neil Cranidge	48	0:22:40	0:20:15	23		Blandford parkrun	10/01/2015
Phil Monk	45	0:22:11	0:20:16	24		Blandford parkrun	25/07/2015
Paul Russell	41	0:21:34	0:20:17	25		Blandford parkrun	07/03/2015
Dave Fitzsimon	35	0:21:06	0:20:39	26		Blandford parkrun	10/01/2015
Martin Vivian	49	0:23:25	0:20:46	27		Blandford parkrun	20/12/2014
Jenny Fuller	67	0:28:35	0:20:50		2	Blandford parkrun	25/04/2015
John Townsend	44	0:22:34	0:20:55	28		Blandford parkrun	27/06/2015
Barry Jenkins	50	0:23:50	0:20:59	29		Blandford parkrun	28/11/2015
Rachel Baker	47	0:22:58	0:21:11		3	Blandford parkrun	20/12/2014
Flora Brooke	62	0:27:27	0:21:20		4	Blandford parkrun	11/04/2015
Duncan Ray	52	0:25:08	0:21:47	30		Blandford parkrun	18/04/2015
Suzanna Baker	33	0:21:57	0:21:54		5	Blandford parkrun	20/12/2014
Richard Sturman	42	0:23:38	0:22:04	31		Blandford parkrun	24/10/2015
Kay Evans	43	0:23:08	0:22:05		6	Blandford parkrun	21/02/2015
Richard Mann	45	0:23:50	0:22:24	32		Blandford parkrun	02/05/2015
Julia Slade	40	0:23:36	0:22:58		7	Blandford parkrun	24/10/2015
Anne Newlin	51	0:26:08	0:23:06		8	Blandford parkrun	20/06/2015
Dave Rivett	46	0:25:56	0:23:31	33		Blandford parkrun	17/10/2015
Debbie Broadhurst	39	0:24:16	0:23:37		9	Blandford parkrun	07/02/2015
Jen Barker	30	0:23:49	0:23:45		10	Blandford parkrun	12/09/2015
Ali Cundick	36	0:24:24	0:24:10		11	Blandford parkrun	04/04/2015
Mick Cox	47	0:26:55	0:24:14	34		Blandford parkrun	24/10/2015
Mick Cox	47	0:26:55	0:24:14	35		Blandford parkrun	14/11/2015
Mel Mitchell	29	0:24:38	0:24:36			Blandford parkrun	28/11/2015
Pat Clayton	45	0:26:41	0:25:05		12	Blandford parkrun	21/02/2015
Ian Sherwood	49	0:28:21	0:25:08	36		Blandford parkrun	26/07/2015
Melanie Fitzsimon	39	0:26:53	0:26:18		13	Blandford parkrun	10/01/2015
Caraline Dart	45	0:28:19	0:26:37		14	Blandford parkrun	24/01/2015
Christine Willis	56	0:33:11	0:27:43		15	Blandford parkrun	28/03/2015
Claire Novak	49	0:31:01	0:28:01		16	Blandford parkrun	24/01/2015
Lerryn Chaffey	39	0:31:07	0:30:27		17	Blandford parkrun	25/04/2015
Ruth Readman	32	0:32:18	0:32:16		18	Blandford parkrun	25/07/2015
Matt Clayton	55	0:39:31	0:33:16	37		Blandford parkrun	07/03/2015
Claire Dixon	33	0:33:40	0:33:35		19	Yeovil Montacute parkrun	24/10/2015

## AGE-ADJUSTED CLUB CHAMPIONSHIP 2015

<b>Best Marathon</b>		<b>Whenever 26.2 Miles</b>					
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	Event	Date
Scott Pound	42	2:59:04	2:51:37	1		London Marathon	26/04/2015
Nick Brooke	62	3:34:16	2:52:01	2		Yeovil Marathon	14/06/2015
Spencer Mogridge	42	2:59:40	2:52:12	3		London Marathon	26/04/2015
Tim Brown	38	3:10:27	3:07:21	4		NDVM	03/05/2015
Craig Dixon	32	3:18:32	3:18:30	5		Greater Manchester Marathon	19/04/2015
Roger Teasdale	39	3:26:41	3:22:13	6		London Marathon	26/04/2015
Dave Jackson	56	3:58:17	3:22:25	7		NDVM	03/05/2015
Lynda Faulkner	49	3:47:25	3:22:32		1	South Downs	20/06/2015
Lee Collier	39	3:29:36	3:25:04	8		Bournemouth Marathon	04/10/2015
Dave Fitzsimon	35	3:26:47	3:25:45	9		London Marathon	26/04/2015
Rachel Baker	47	3:48:20	3:28:17		2	London Marathon	26/04/2015
Nick Summons	42	3:46:14	3:36:49	10		Greater Manchester Marathon	19/04/2015
Jane Ward	46	3:57:46	3:39:18		3	NDVM	03/05/2015
Suzanna Baker	33	3:45:48	3:45:13		4	NDVM	03/05/2015
Chris Chapman	33	3:46:50	3:46:35	11		London Marathon	26/04/2015
Carlos Blanco	51	4:46:12	3:47:14	12		South Downs	20/06/2015
Dan Simmonds	43	3:59:53	3:48:02	13		London Marathon	26/04/2015
Felix Stroud-Allen	43	3:59:56	3:48:05	14		Bournemouth Marathon	04/10/2015
Damian Patterson	47	4:15:46	3:55:11	14		South Downs	20/06/2015
Flora Brooke	62	5:18:53	3:58:24		5	Yeovil Marathon	14/06/2015
Justin Perry	43	4:15:47	4:03:09	15		South Downs	20/06/2015
Jason Woods	31	4:04:56	4:04:56	16		NDVM	03/05/2015
Paul Russell	41	4:17:33	4:08:45	17		Bristol-Bath Marathon	25/10/2015
Kathie Child	46	4:33:28	4:12:13		6	Boston Marathon	20/04/2015
Ruth Readman	32	4:22:55	4:22:38		7	Bournemouth Marathon	04/10/2015
Mel Fitzsimon	40	4:42:38	4:34:08		8	London Marathon	26/04/2015
Duncan Ray	52	5:13:08	4:35:45	18		London Marathon	26/04/2015
Matt Clayton	55	5:25:18	4:38:51	19		Purbeck Marathon	20/09/2015
Louise Millard	27	4:40:07	4:40:07		9	London Marathon	26/04/2015
Mick Cox	47	6:13:54	5:43:48	20		London Marathon	26/04/2015
Sandra Hamilton	43	6:15:17	5:56:06		10	NDVM	03/05/2015

<b>BLACKMORE VALE HALF</b>		<b>1-Feb-2015 13.1 miles</b>			
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick Brooke	61	01:36:03	01:18:59	1	
Scott Pound	42	01:23:38	01:20:23	2	
Spencer Mogridge	42	01:26:41	01:23:19	3	
Tim Brown	38	01:26:11	01:25:13	4	
Nick Berry	41	01:30:47	01:27:54	5	
Craig Dixon	32	01:28:09	01:28:09	6	
Dave Jackson	56	01:45:33	01:30:52	7	
Lee Collier	39	01:38:28	01:36:42	8	
Dan Simmonds	42	01:43:08	01:39:08	9	
Dave Fitzsimon	35	01:39:24	01:39:24	10	
John Cowley	58	01:57:36	01:39:27	11	
Ian Hitching	50	01:52:10	01:41:31	12	
Chris Chapman	33	01:44:14	01:44:14	13	
Jane Ward	46	01:53:54	01:44:36		1
Suzanna Baker	33	01:47:38	01:47:38		2
Nick Summons	42	01:53:45	01:49:20	14	
Sandra Hamilton	42	01:55:36	01:49:49		3
Mick Anderson	47	01:59:42	01:50:52	15	
Paul Russell	41	01:59:51	01:56:02	16	
Barry Jenkins	49	02:07:58	01:56:43	17	
Mick Cox	46	02:09:19	02:00:41	18	
Melanie Mitchell	28	02:07:58	02:07:58		4

**AGE-ADJUSTED CLUB CHAMPIONSHIP 2015**

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## AGE-ADJUSTED CLUB CHAMPIONSHIP 2015

<b>Great Western 10K</b>		<b>8-Mar-2015 10km</b>			
<b>RUNNER</b>	<b>AGE</b>	<b>ACTUAL TIME</b>	<b>ADJUSTED TIME</b>	<b>MALE RANK</b>	<b>FEMALE RANK</b>
Nick Brooke	62	00:46:10	00:37:17	1	
Steve Page	47	00:44:26	00:40:51	2	
Lynda Faulkner	49	00:48:49	00:43:19		1
Roger Teasdale	39	00:46:03	00:44:52	3	
Justin Perry	42	00:49:14	00:46:58	4	
Lee Collier	39	00:48:46	00:47:32	5	
Neil Cranidge	48	00:53:28	00:48:46	6	
Jane Ward	46	00:54:57	00:50:04		2
Nick Summons	42	00:53:59	00:51:30	7	
Flora Brooke	62	01:08:03	00:52:54		3
Paul Russell	41	00:57:36	00:55:21	8	
Debbie Broadhurst	39	01:00:40	00:58:37		4

<b>Yeovil Half</b>		<b>29-Mar-2015 13.1 miles</b>			
<b>RUNNER</b>	<b>AGE</b>	<b>ACTUAL TIME</b>	<b>ADJUSTED TIME</b>	<b>MALE RANK</b>	<b>FEMALE RANK</b>
Nick Brooke	62	01:32:15	01:15:07	1	
Roger Teasdale	39	01:31:49	01:30:10	2	
Dave Jackson	56	01:48:02	01:33:00	3	
Dave Fitzsimon	35	01:35:09	01:35:09	4	
John Cowley	58	01:53:56	01:36:21	5	
Jane Ward	46	01:51:15	01:42:10		1
Neil Cranidge	48	01:51:52	01:42:50	6	
Nick Summons	42	01:47:49	01:43:38	7	
Ruth Readman	31	01:51:54	01:51:54		2
Paul Russell	41	01:57:34	01:53:50	8	
Dave Rivett	46	02:06:01	01:57:37	9	
Melanie Mitchell	28	02:06:27	02:06:27		3
Debbie Broadhurst	40	02:11:33	02:06:53		4
Melanie Fitzsimon	40	02:12:00	02:07:28		5

## AGE-ADJUSTED CLUB CHAMPIONSHIP 2015

<b>Broad Oak Hilly</b>		<b>16-Apr-2015 4 Miles</b>				
<b>RUNNER</b>	<b>AGE</b>	<b>ACTUAL TIME</b>	<b>ADJUSTED TIME</b>	<b>MALE RANK</b>	<b>FEMALE RANK</b>	
Nick Brooke	62	00:27:16	00:21:47	1		
Dave Jackson	56	00:31:52	00:26:48	2		
Steve Rigby	31	00:27:02	00:26:57	3		
John Cowley	58	00:33:18	00:27:32	4		
Justin Perry	42	00:29:51	00:28:01	5		
Gavin Green	49	00:32:59	00:29:21	6		
Barry Jenkins	49	00:33:43	00:30:00	7		
Jane Ward	46	00:32:31	00:30:13		1	
Roger Teasdale	39	00:31:40	00:30:23	8		
Paul Russell	41	00:32:34	00:30:48	9		
Charlotte Hewett	24	00:31:39	00:31:39		2	
Pete Waterer	51	00:36:42	00:32:09	10		
Anna Williams	32	00:32:13	00:32:11		3	
Jane Feather	59	00:40:23	00:32:20		4	
Dave Rivett	46	00:36:19	00:33:05	11		
Sandra Hamilton	43	00:35:37	00:33:58		5	
Debbie Broadhurst	40	00:35:25	00:34:27		6	
Richard Sturman	41	00:36:32	00:34:33	12		
Mel Mitchell	28	00:35:33	00:35:33		7	

<b>Poole 10K</b>		<b>7-Jun-2015 10 km</b>				
<b>RUNNER</b>	<b>AGE</b>	<b>ACTUAL TIME</b>	<b>ADJUSTED TIME</b>	<b>MALE RANK</b>	<b>FEMALE RANK</b>	
Dave Jackson	57	0:46:00	0:38:30	1		
Roger Teasdale	39	0:40:12	0:39:02	2		
Steve Rigby	31	0:39:10	0:39:09	3		
Gavin Green	49	0:44:36	0:40:00	4		
John Cowley	59	0:49:09	0:40:24	5		
Nick Summons	42	0:46:07	0:43:46	6		
Suzanna Baker	33	0:46:38	0:46:31		1	
Barry Jenkins	49	0:52:07	0:46:44	7		
Richard Sturman	41	0:52:44	0:50:27	8		
Mick Cox	47	0:56:09	0:51:12	9		
Debbie Broadhurst	40	0:53:46	0:52:13		2	
Mel Mitchell	28	0:53:26	0:53:26		3	
Louise Millard	27	0:56:35	0:56:35		4	

<b>Purbeck 10K</b>		<b>19-Jun-2015 10 km</b>				
<b>RUNNER</b>	<b>AGE</b>	<b>ACTUAL TIME</b>	<b>ADJUSTED TIME</b>	<b>MALE RANK</b>	<b>FEMALE RANK</b>	
Nick Brooke	62	0:40:31	0:32:24	1		
Nick Summons	42	0:47:33	0:45:08	2		
Jane Ward	47	0:49:34	0:45:25		1	
Charlotte Hewett	24	0:45:42	0:45:42		2	
Flora Brooke	62	1:01:24	0:46:36		3	
Gavin Burrough	34	0:47:31	0:47:14	3		
Suzanna Baker	33	0:47:27	0:47:20		4	
Jason Woods	31	0:49:42	0:49:41	4		
Debbie Broadhurst	40	0:53:33	0:52:01		5	
Sandra Hamilton	43	0:56:48	0:54:02		6	

## AGE-ADJUSTED CLUB CHAMPIONSHIP 2015

<b>Durberville Dash</b>		<b>26-Jul-2015 10 KM</b>				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Duncan Ward	45	00:38:08	0:35:20	1		
Michael Peters	53	00:44:12	0:38:19	2		
John Cowley	59	00:51:10	0:42:04	3		
Dave Jackson	57	00:50:32	0:42:17	4		
Felix Stroud-Allen	43	00:48:22	0:45:33	5		
Chris Chapman	33	00:46:17	0:46:08	6		
Barry Jenkins	50	00:56:01	0:49:49	7		

<b>Bad Cow 10K</b>		<b>22-Aug-2015 10K</b>				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Dave Fitzsimon	36	0:47:12	0:45:55	1		
Nick Summons	42	0:52:39	0:49:01	2		
Jane Ward	47	0:55:25	0:50:24		1	
Debbie Broadhurst	40	1:00:05	0:58:03		2	
Louise Millard	27	0:59:51	0:59:51		3	
Mel Fitzsimon	40	1:06:34	1:04:19		4	

<b>Gold Hill 10km</b>		<b>11-Oct-2015 10 km</b>				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick Brooke	62	0:45:21	0:36:15	1		
Duncan Ward	46	0:40:14	0:36:59	2		
Nick Berry	41	0:44:13	0:42:18	3		
Dan Simmonds	43	0:45:00	0:42:23	4		
Carlos Blanco	52	0:50:37	0:44:15	5		
Lynda Faulkner	49	0:49:41	0:44:29		1	
James Meiklejohn	53	0:52:16	0:45:19	6		
John Cowley	59	0:55:59	0:46:01	7		
Dave Jackson	57	0:55:04	0:46:05	8		
Lerryn Chaffey	40	0:47:51	0:46:29		2	
Jason Woods	32	0:48:08	0:48:03	9		
Jane Ward	47	0:53:46	0:49:16		3	
Barry Jenkins	50	0:55:29	0:49:20	10		
Flora Brooke	62	1:06:27	0:50:26		4	
Nick Summons	42	0:53:59	0:50:55	11		
Sara Cross	56	1:03:37	0:52:34		5	
Neil Cranidge	49	1:00:56	0:54:37	12		
Anne Newlin	51	1:07:04	0:58:39		6	
Jen Barker	30	0:59:25	0:59:25		7	
Mel Mitchell	29	1:00:24	1:00:24		8	
Louise Millard	27	1:01:38	1:01:38		9	

<b>Weymouth 10</b>		<b>18-Oct-2015 10 Miles</b>				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Roger Teasdale	39	01:07:16	1:05:38	1		
Lee Collier	39	01:09:55	1:08:13	2		
John Cowley	59	01:25:16	1:10:18	3		
Lerryn Chaffey	40	01:13:23	1:10:56		1	
Nick Summons	42	01:21:00	1:17:21	4		
Barry Jenkins	50	01:27:41	1:18:21	5		
Mel Mitchell	29	01:29:25	1:29:25		2	
Louise Millard	27	01:38:42	1:38:42		3	

## AGE-ADJUSTED CLUB CHAMPIONSHIP 2015

<b>Wimborne 10</b>		<b>15-Nov-2015 10 Miles</b>				
<b>RUNNER</b>	<b>AGE</b>	<b>ACTUAL TIME</b>	<b>ADJUSTED TIME</b>	<b>MALE RANK</b>	<b>FEMALE RANK</b>	
Scott Pound	43	1:03:57	1:00:34	1		
Dan Simmonds	43	1:09:04	1:05:25	2		
Stuart Read	55	1:17:17	1:06:06	3		
Carlos Blanco	52	1:17:25	1:07:59	4		
John Cowley	59	1:22:58	1:08:24	5		
Lee Collier	40	1:13:10	1:10:56	6		
Jane Ward	47	1:20:15	1:13:04		1	
Chris Chapman	33	1:14:47	1:14:39	7		
Jason Woods	32	1:14:45	1:14:43	8		
Nick Summons	42	1:18:55	1:15:21	9		
Jane Feather	60	1:38:08	1:15:59		2	
Roger Teasdale	39	1:18:55	1:17:00	10		
Barry Jenkins	50	1:27:08	1:17:51	11		
Jamie Drennan	39	1:24:28	1:22:25	12		
Julia Slade	40	1:25:25	1:22:34		3	
Paul Russell	41	1:27:15	1:23:59	13		
Mel Mitchell	29	1:29:08	1:29:08		4	
Jen Barker	30	1:34:24	1:34:24		5	
Jane Ridge	51	1:49:19	1:34:58		6	

<b>STURMINSTER 5</b>		<b>3-Dec-2015 5 miles</b>				
<b>RUNNER</b>	<b>AGE</b>	<b>ACTUAL TIME</b>	<b>ADJUSTED TIME</b>	<b>MALE RANK</b>	<b>FEMALE RANK</b>	
Duncan Ward	46	0:29:18	0:26:48	1		
Nick Brooke	62	0:33:52	0:27:04	2		
Spencer Mogridge	43	0:30:37	0:28:40	3		
Nick Berry	42	0:30:51	0:29:07	4		
Steve Page	48	0:34:25	0:30:59	5		
Sam Beaumont	20	0:31:24	0:31:24	6		
Dan Simmonds	43	0:33:40	0:31:32	7		
Shamsul Wahab	52	0:36:16	0:31:36	8		
Jon Evelegh	37	0:32:55	0:32:11	9		
Ian Buckingham	57	0:38:47	0:32:24	10		
Dave Jackson	57	0:39:10	0:32:43	11		
Lee Collier	40	0:34:16	0:32:50	12		
Lynda Faulkner	49	0:36:48	0:33:03		1	
John Cowley	59	0:41:23	0:33:58	13		
Jason Woods	32	0:34:56	0:34:50	14		
Lerryn Chaffey	40	0:35:57	0:34:56		2	
Barry Jenkins	50	0:40:05	0:35:31	15		
Gavin Burrough	35	0:36:54	0:36:26	16		
Jane Ward	47	0:41:23	0:38:00		3	
Neil Cranidge	49	0:42:39	0:38:05	17		
Julia Slade	40	0:39:48	0:38:41		4	
Flora Brooke	62	0:52:33	0:40:11		5	
Mel Mitchell	29	0:42:26	0:42:26		6	
Debbie Broadhurst	40	0:44:48	0:43:32		7	
Anna Williams	32	0:46:38	0:46:35		8	
Jen Barker	30	0:46:38	0:46:38		9	